

# LANDING LIGHT

## A PRIMER FOR SPACE CONTACT

by

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With Channelings by Nada-Yolanda

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## INTRODUCTION

The spiritual space program, directed by hierarchal councils under Sananda as commander in chief, is an integral part of the Second Coming program, which is to be fulfilled in the early decades of the new millennium. The Second Coming carries a dual meaning: the coming again of Sananda as Jesus the Christ, spiritual ruler of planet Earth; and the return of Earthman to Christ awareness, to the exchange of love, peace and brotherhood that will be the hallmark of the New Age of Aquarius.

Love, peace and brotherhood: these are the same precepts of the Federation of Planets, that multidimensional association of planetary civilizations in our solar system, where Christ cooperation reigns supreme. Open spiritual exchange among the sons of God is a fact of life on all planes and planets of our solar system, except as yet on astral and physical realms of Earth.

That is quickly changing. All life forms on Earth are being transformed through the landing of divine light in man's consciousness. We are reawakening to our true nature as sons and daughters of light. But as cosmic citizens, we are also on a countdown to physical contact with our sisters and brothers of the Federation. For the interplanetary unification that has been decreed by Spirit on high must descend to our physical plane as well.

This course will challenge you to turn on your landing light to clear the way for psychic and physical space contact now descending on Earth. It is a primer to outline our way in Spirit, through space, to reunification with the Federation of Planets.

The information in this guidebook is based on the Mark-Age text *Visitors From Other Planets*. All communications, except two as noted, were channeled through Nada-Yolanda, cofounder of Mark-Age.

### 1. INTERPLANETARY EXCHANGE

Coordination of Earth with the Federation of Planets of our solar system has been attempted for many thousands of years, but open communication and exchange never fully have been restored since the days of Atlantis, approximately twenty-six thousand years ago. The gradual fall of Atlantis, dating from that time, resulted from man's self-willed separation from God. Rather than express Christ powers and talents as sons of God, the majority on Earth chose instead to indulge the mortal, material, third dimensional nature.

Earthman also resisted efforts to cooperate further with interdimensional and interplanetary exchange. He chose segregation from, rather than integration and brotherhood with, the one race of mankind within this solar system. Hence, open exchange with visitors from other planes and planets was closed down, and man of Earth lost awareness of life elsewhere. Man's error patterns

eventually led to sinking of continental land masses during the final breakup of both Atlantis and Lemuria ten thousand to thirteen thousand years ago.

Although controversy over membership in the interplanetary brotherhood helped undermine the spiritual plan, the Hierarchal Board, or spiritual government of our solar system, immediately instituted a new plan to raise man again into Christ awareness and thus open the way for Earth to rejoin the Federation.

Lingering, even proliferating, in mass consciousness on Earth since the fall of Atlantis have been error thoughts, fears, false teachings and denials regarding life in our solar system and beyond. Now, at the culmination of this twenty-six-thousand-year cycle [completed in 2003], we are cleansing these patterns. Through the aid of numerous psychic and physical demonstrations, we are reawakening to the reality of the Federation of Planets.

### REJOINING THE FEDERATION

The system of brotherly exchange known as the Federation of Planets did not spring up overnight. The Federation as it exists today, with its give-and-take of free energy exchange amongst planes and planets, is the result of hardworking, selfless efforts by billions of souls over eons of time.

In a channeled communication on January 9, 1963, Sol-O-Man gave a long-range perspective of interplanetary and interdimensional exchange in our solar system, and where it is headed. During the hierarchal cycle Sol-O-Man speaks of, which ended around 2000 A.D., there also occurred on Earth the following: the withdrawal of the Elder race in fourth dimensional form, with contacts between third dimensional humans and fourth dimensional Elder brothers being thenceforth only by etheric spacecraft and inner plane communion; the decline of the Lemurian civilization; the rise and fall of the Atlantean civilization, and the beginning of our present recorded history. (See Mark-Age text *Evolution of Man*.)

“The two-hundred-and-six-thousand-year cycle involves the entire solar system, interplanarily speaking. All planets are to come under the ruling of the Hierarchal Board willingly for interchange as freely as you have intercourse on your planet between the states of your United States of America. No boundaries are respected, in the respect of such interchange of commerce or culture or rights of citizenship. So, we have to bring this about also, physically, on the solar system Board in this present cycle.

“It is a large order. It has taken two hundred thousand years for many planets in our solar system to approve of what is now coming to its final stage here in our blessed system. It is only about two thousand years, of your recording of time, that planets other than the Earth have exchanged freely their dimensional and physical planes, expressions and ideals with one another. Under this comes the Earth, which is two thousand years lagging behind.”

How do we catch up? Sol-O-Man, who previously had incarnated as Mary, the mother of Jesus, gave this equation: “God is love, and love is all; and love is the key, or Spirit is the force,

by which all love is possible between men and between planes, planets and forces of nature. This must be principally enacted by every living creature on the Earth planet before it is brought into the Federation of Planets.”

Sol-O-Man emphasizes free exchange in our solar system amongst our spiritual sisters and brothers of many realms. We need only to look at the daily news to realize that more dramatic changes will have to occur on Earth before we can rejoin the Federation of Planets as an equal participant. This exchange or rejoining is being fostered now, but will not be restored fully until after the Second Coming of Sananda/Jesus in the next few decades.

In the current transition cycle between the Piscean and Aquarian Ages, the Earth is on an accelerated timetable of evolution. The Hierarchal Board (also known as the Saturnian Council, with headquarters on Saturn) has decreed that every effort be made to raise Earthman’s consciousness and vibration as quickly as possible; for our planet is to be brought into alignment with the other planets in our solar system before the changeover.

Consequently, millions of light workers, fellow sons of God, have responded to this call to assist our spiritual birth into Aquarius. They are coming in their ventlas (spaceships) or through other means of projection from every planet in our solar system and also from beyond. Others have incarnated on Earth for this special mission.

Rapidly we are being taught the necessity for interplanetary exchange in these critical Latter Days. The program for coordination of Earth with her sister planets was explained by Nada on September 18, 1961:

“We move rapidly now, as the Earth planet is the last to be brought into a coordinated, cooperative whole to see and to accept the one living Spirit and to know that each one on it is a son of God. Then will come a great change in this solar system; an entirely new graduation, which not only will be a physical phenomenon but a spiritual evolution. It affects every single one of the planets in this present solar system.

“Therefore, every single planet in the solar system, all the realms surrounding each of the planets of the solar system are cooperating with each other and in the Earth project which is termed Program Jesus. For Jesus is the Avatar or the Prince of this particular planet until it is brought into a completely Christ-conscious awareness. . . .

“You are being prepared for this event. You are being taught the meaning of cooperation, coordination with every other realm, dimension and planet, because one cannot be out of order or out of character while the others are being geared to a certain role and a certain function. Each of the other realms, all of the other dimensions and all of the physical planetary beings in this solar system know this fact. For they have practiced it among themselves individually on their planets in their own planetary governments and have participated for many thousands of years in the interplanetary council or federation.

“Therefore, they know that if you are not in cooperation with them they cannot move forward with ease and harmony. It is their desire to bring you into this understanding as best they can without interfering with your normal growth and evolution.”

### GIVE & TAKE

How can we cooperate in solar system exchange? How can we bridge the gap between our current level of spiritual demonstration on Earth and the level required for the Aquarian Age? In a major diplomatic address channeled on September 20, 1961, the physical leader of the hierarchal space program, Tukari, who is from Venus, addressed this topic:

“We find upon research of this planet, of this present civilization and time, that you do not understand words we choose. The word *exchange* means to give and to take. When you use *exchange* you usually mean to give without listening or taking anything from the other. This is unfair and unnatural according to cosmic law. When you give, you must take. When you take, you must give. You have blockages in the normal flow between two individuals, between two governments and between planets.

“We must see you come through this blockage, for you are causing a stoppage in the flow of this solar system. We are desirous to evolve this solar system to a higher understanding. This solar system is bound to reach a higher evolution because the cycle change, the rhythm pattern, is such that this solar system is about to move into another expression. This is a major cycle change; and a minor cycle change is that which every planet is feeling, including the Earth planet. . . .

“So, we say to you we come to exchange not only information but love. Love is a force, just as thought is a force. We bring you this force, to take from you and to give to you so we can open up the flow in the whole solar system. If you would liken it unto a plumbing system, you know if I told you there were a leakage or a blockage somewhere in the system you would be most anxious to do something about repairing it. But when we come and tell you there is a blockage in the solar system, of which you are only one part, you don’t seem to have much concern about it.

“You will have, when you understand what it means to your individual lives, your life as a planet, and the participation you have in the overall solar system. It is most intricate, most important and entirely unified from the higher realms; and therefore it must manifest on the physical realm as well. . . .

“You are in the midst of a great project. You are participating in that project, because your thought is an actual living thing. It reaches us, it affects us, just as much as that pebble in the water affects the entire lake; for it ripples out and does reach the opposite shore, whether you watch it or not. Your thoughts, therefore, do reach out and do affect every single individualization in this solar system, and beyond. It is the nature of God. You are part of God and we are part of God, and we are all interrelated.

“Therefore, what you think affects us, and it is time you began to realize it. We realize that what we think affects you and that what you think affects you. So, our purpose is twofold. We come to teach you how to think for your own evolvment and for our evolvment. This way we are interrelated.

“If you do not think healthy thoughts, progressive thoughts, evolutionary thoughts for your own good, then we cannot grow either; to a certain extent, of course, because we cannot be entirely dependent on outside forces. We control, to a certain extent, our own lives and planets. But we are affected by the mass consciousness of this particular planet, and you are involved in that mass consciousness because you contribute to it.

“We ask you, then, to give forth holy thoughts. The word *holy* in your language means whole, which is God. God is holy and God is whole. Spirit is unseparated. We ask you to reach us with your thoughts, as we can reach you with our thoughts.”

As one mighty force of love and light, we unite with one another and with those of the Federation of Planets. Now is the time for our united spiritual force to be felt on Earth, uplifting all humanity, affirming one solar system under one Divine Mind, indivisible, with fluid energy exchange amongst all.

## 2. BROADCASTING UNITS OF LIGHT

To reestablish full exchange with the Federation at a planetary level, we must understand our participation at a personal level. As light workers, we are broadcasting units of light, receivers and transmitters of spiritual energies being poured through us from higher realms to all mankind.

Through the Christ or I Am Self, inherent in each of us, we unite in powerful thought with those of the Federation who are assisting our spiritual evolution. In Divine Mind we are one with one another. It is time to manifest this oneness on the physical planes of action. Our full integration is required now as we traverse the final years of preparation for the Second Coming.

This Latter-Day cycle is one of transmutation. All particles of mind, body and soul must pass through the violet flame (Sixth Ray) to be cleansed of all properties or aspects that do not contribute to our unification both with the I Am Self and with the Federation of Planets. The two really are one and cannot be separated; for as we unite with our I Am Self we unite likewise with the divine spark within all mankind of this solar system.

Our purification begins in thought, under the controlling influence of the Christ within. Tukari spoke of the importance of thought power in his diplomatic address of September 20, 1961:

“Thought, your thought, is a definite thing. What you think affects yourself first, and those in your immediate orbit, but it is also like a pebble reaching out into the waters. You go across

the entire planet with every thought you think. If your thought is very powerful and if you have a knowledge of thought, your thought is like a boulder dropped into that lake. If you have no confidence in thought and your thought power is weak, you are but a tiny pebble. The ripple is not very much, nor does it contribute very much to the rhythm or the cycle, or the current of the lake or river, into which that thought is dropped.

“We are asking you to be boulders. We are asking you to take your thought power, as you understand it, and project into the mass consciousness the greatest amount of love, of peace, of brotherhood and union that you consciously can do. You shall bring us to you physically when you do this properly.

“We have contacted key units because they are teaching this new understanding or Aquarian development now. That is why we come through in this way. Why do we not come through to your government heads or your very educated scientists; education, to your way of thinking, of course? Because they could not change the [thought] temperature of the mass consciousness, for they do not believe in thought transference or thought control or thought power.

“But your key units do, and that is why we contact them primarily; secondarily, because they are us. Many of them have incarnated purposely from our realms, dimensions and other planets to do this work, knowing how to do it.

“We ask you to remember it. We ask you, and stimulate you through our control and through our interest in you and through our mental communication and spiritual education with you, to do this. That is why we have concentrated for so many years . . . in teaching these New Age thoughts to those already planted, so they could begin to regulate the thought temperature of mass consciousness.”

Tukari’s message is clear: we help anchor or implant the higher vibratory frequencies of the New Age; we are copartners in the operation of landing light on Earth. Those coming in spacecraft to aid in the transmutation of our planet need physical grounding rods to help amplify special energy projections designed to uplift humanity into spiritual consciousness. We, who choose the light, are chosen to be those grounding rods, those beacons, those broadcasting units of light.

The Hierarchy has explained that, as transmitters anchored in the physical dimension, we transfer their energy broadcasts to the minds of individuals operating on this same frequency level. Especially are we effective in reaching those segments of mass consciousness within the orbit of our own frequency range, such as those of similar educational or cultural background.

To use a radio analogy, the Christ or etheric guardians send their signals on a high frequency band. We, who have purified our minds and bodies as highly attuned receiving units, can tune in and pick up that frequency vibration. Then we rebroadcast the signal on the low frequency band in order to transmit it to the mass consciousness. In this way, through multiple broadcasters, nearly every single mind receptacle on Earth receives the broadcast of light.



In Chapter 7 on “Space Beams,” we will discuss how to discern contact with energy broadcasts from the space brothers. But from the outset we should understand what we are committing ourselves to, in order that we may make mature freewill decisions to be conscious channels of light.

### CHANGES IN FREQUENCY VIBRATION

Federation spacecraft coming to Earth from the higher planes and dimensions carry a superior force or energy that helps to transmute the vibrational frequency of Earth plane matter. The change affects not only the natural kingdoms on Earth and the planetary logos itself but also man’s four lower bodies: mental, emotional, astral (soul), physical. Transmutation of the four lower bodies is essential to anchoring the etheric or light body, the resurrected, fourth dimensional body of the I Am Self.

Sananda channeled on May 5, 1967, that these craft not only play an important part in individual awakenings and conditionings of spiritual workers on Earth but they also beam mental broadcasts to the mass consciousness and in other ways help to prepare all people for the total transformation.

He went on to say: “Our ships are striking a keynote, which must reverberate or catch a mass population in its reechoing, responding, recharging effect. . . . Our ships that have been orbiting the Earth and are being sighted in many instances are created for the purpose of setting up a soundnote or a keynote for a rise in dimensional quality. This is impersonal. This is essential. This is part of the overall plan.”

On October 10, 1968, Dr. Hannibal/St. Germain, etheric space commander for coordinating key light centers in the Western Hemisphere, relayed these thoughts on our specialized work as broadcasting units of light:

“We must . . . afford ourselves of the opportunity of volunteers coming from other planes, planets and purposes to give the added inducement to this particular acceleration of the program and to lift man from the third into fourth dimensional frequency. Therefore, you have in your midst and upon your planet and coming through astral plane projection via the etheric spacecraft many souls who are specialized in particles of light that need to be projected and broadcast upon the Earth planet at this particular time. . . .

“Let us then see why we are using these prepared and advanced souls in the manner we are. If they can give all of their time and energy to this, they in turn become specialists for the production we have in operation at this time. They become evolved enough to lead, to guide, to teach and to demonstrate all of this material on the planet where they are now.

“Those who are coming from other areas of the solar system, in forms of etheric craft or even in the form of spiritual craft of a physical nature as relating to planets in the solar system and outside of this solar system, are not permitted to remain upon the planet and to force or to direct that understanding and projection after a certain specified period of time. They have only

the obligation to project it in, to work with it, to form a code by which you may assist and coordinate with them, after which they have to leave the planetary environment.

“This is part of the cycle of evolutionary enforcement that rules this consciousness, that rules this area of soul development, and is instigated and conducted by the Hierarchal Board of this solar system. In other words, these are the rules and the regulations by which evolution is allowed to take place in this particular sphere or cycle of Earth plane existence. . . .

“The ships that have been released through my orders are especially equipped to do this work of changing frequency vibration. You will be contacted therefore, each one in this unit and connected with this circle, to produce a new rate of vibration in both your Earth vessel and your astral counterpart. I am going to work through the spiritual consciousness or the I Am presence within each one in order to effect this.

“It is because it is done with the highest forces in imagination and via spiritual intunement that you will notice the subtle and very obvious parts of your being and nature accelerated, changed, transmuted and thoroughly cleansed and purified. This has to begin immediately and shall cause certain distasteful reactions, because it is not always easy to accelerate this type of energy projection without some of the distasteful side effects.”

We can expect to experience transmutation when we come into contact either psychically or physically with Federation spacecraft. But since our spiritual evolution is expertly guided by the etheric and the angelic guardians of this solar system, who coordinate with all I Am Selves, we should give ourselves wholeheartedly to these changes. For being a broadcasting unit of light for uplifting all mankind means being also a willing instrument through which our I Am Self can bring about our individual transformation into the light body.

### **AMPLIFICATION OF PROJECTIONS**

Unification of all broadcasters of light is the desired goal. As we anchor our light body, we are brought into coordination with other light workers on this and other planes. Through this unified force field, we help transform the planet.

On January 17, 1971, Dr. Hannibal sounded the keynote for amplified projections from etheric spacecraft. He stated that what the Hierarchy expects to accomplish before the end of the Latter Days is the amplification of the light bodies of one hundred and forty-four thousand light workers. The individuals will be so coordinated and linked together that, with their light frequency or higher spirituality, they will “inspire all other lights, even though covered by dense matter of human creation.”

He added that this great light, which the light workers can create only by their unification, “will inspire and will change all matter into spiritual substance. . . . It will dissolve all Earthly debris or pollution and will reinstate or will rekindle the light that remains within each one and each level of creation, be it animal, vegetable or mineral form at the time.”

According to plan, this light amplification then will allow the higher frequency of Sananda/Jesus' light body to return to the planet, "because the planet will sustain enough light and energy at that time to support his body, his frequency, his coworkers and his consciousness and the plans that go with that."

### 3. WELCOME SPACE VISITORS

One of our major tasks as broadcasters of light for the spiritual space program is to stimulate man's desire to welcome visitors from other planes and planets. By our desire for exchange, properly channeled, we help create favorable conditions for psychic and physical space contact.

But our desire for contact should be founded on knowledge and wisdom. We lay this foundation within by elevating our perspective beyond Earth — beyond provincial planetary thinking, as it were — to consider our citizenship in the entire solar system. As we enter the New Age, we are challenged to think of ourselves not just as planetary citizens but as cosmic citizens, children of the universe.

This is the viewpoint required of all citizens of the Federation, who already realize their Christ oneness with one another, with those of other solar systems, and with us. As we have seen, the race of man in this solar system has pursued interplanetary and interdimensional contact for thousands of years. Open exchange is enjoyed now on all physical, astral and etheric realms within our system; except, of course, on physical and astral planes of Earth, where fast-disappearing veils still enshroud our awareness and impede contact.

The Christ or etheric planes interpenetrate equally all planets of our solar system; interplanetary travel in the etheric vibration is entirely uninhibited. Although physical and astral planes of the other planets still are being evolved to higher coordination with the etheric realms, there does not exist the gross lack of alignment as experienced on Earth.

Even on other physical planes — where the vibration is more refined than our third dimensional physical expression, and thus beyond the visible range of our five senses or scientific measurements — there are enlightened ones who are teaching and demonstrating bodily translation and projection so as to travel to other planes and planets.

Thus, the Federation has been working tirelessly to remove any veils to space contact on Earth. As copartners with us in evolution, the space brothers comprehend their responsibility to help complete this program, so that our solar system, as one Christ unit, may move into a golden era. It is not idle curiosity, then, that brings the visitors to our planet, as if simply to observe and to mystify mankind. On the contrary, there is urgent spiritual purpose to every space phenomenon that occurs here.

## LOVE IS KEY TO SPACE CONTACT

The key to fulfilling our spiritual responsibilities, say the masters, is love. Likewise, love is the key to space contact. As sons of God experiencing the labor pains of spiritual rebirth, we have much to learn, much to apply, much to accomplish. But we can do so only if we unite in love with one another and with fellow beings of many planes, planets and dimensions.

No longer can we shut ourselves off from life in our solar system. As we open our hearts and minds, through love, we will be taught how to reconnect with the Federation. By our active, not passive, participation in the spiritual space program, we will help manifest space contacts and landings on Earth. Perhaps too few, till now, have realized this responsibility.

Many light workers still believe that all we have to do is sit back and wait for the space visitors to land or to prove themselves. Many falsely hope that the visitors will appear among us to save us or to evacuate us to higher glory prior to major planetary upheavals. If such thoughts are ours, then we had better save ourselves from our ignorance. For we are responsible to face our own cleansings on Earth.

Indeed, the greater burden of proof lies with us, as stated by Dr. Hannibal on June 9, 1961: “We have no need to prove ourselves to you. But you have a need to prove yourselves to us, to show your trustworthiness and your responsibility to be true leaders and true disciples and true inhabitants of this wonderful planet called the Earth.”

Actively we must desire contact and exchange with the Federation. We must desire this with all our heart, mind and soul. Our desire for contact builds up a force field of spiritual receptivity that automatically attracts a response from the space visitors. This is a demonstration of the spiritual principle “like attracts like.” In attunement with our Christ consciousness, we magnetically attract to us those complementary energy forces of like consciousness, desire and pure motive who will help us through the Latter-Day changes and into the birthing of the New Age.

Not only do the space brothers ask us to tap the love energy within ourselves, but they also urge us to kindle a burning desire within mankind for space contact. We do this by broadcasting love and brotherhood to our fellowmen, and by informing them of the reality of universal brotherhood amongst all sons of God in this solar system and beyond.

We stimulate desire in others by our visualizations and thought projections, and by our many means of educating them and bringing this information to their awareness. But especially are we effective through our demonstrations of divine love in action. Nothing teaches better than example.

Truly, the love energy that emanates from us is contagious; it dissolves barriers, removes separations, resolves conflicts, and bonds together the fabric of our Earth society into a unified, harmonious expression. The desire for love, both to express it and to receive it, is basic to the family of man everywhere in the cosmos. This is the simple yet profound message our space friends are projecting to us, and this is the message we too must teach all people of Earth.

On our planet we have yet to tap the great reservoir of love energy that exists in universal Divine Mind. But since we are sons of this Spirit-Mind, we always have immediate access to divine love, if we but desire it. For it is within us.

So, while others sit around wondering when the visitors are going to come, we should get busy and promote desire for exchange. Through the magnetic attraction of our love, we will draw all men, women and children of Earth into spiritual understanding and receptivity. As all are raised, we reestablish a planetary force field for space contact.

### PRINCIPLES FOR EXCHANGE

Our desire for contact literally determines the degree to which the space brothers and sisters may contact us openly, because they cannot interfere with our free will. Being highly evolved, they abide by cosmic principles, as they have emphasized in countless communications. On March 28, 1961, Dr. Hannibal spoke of the cosmic law of noninterference and of our need to stimulate desire in the masses:

“Our idea is, at the moment, that the mass consciousness will have to accept and to desire an interplanetary, and eventually an interdimensional, council before any representative from your Earth plane can be taken out of the atmosphere; or, for that matter, allow us to come into and to descend on your planet. This is not a matter of individual preferences and understandings. This is a planetary question.

“Karmically, we cannot overrun or overrule, as you would put it in your parliamentary terms, the mass desire. We could not do that. Don’t you understand that? You are there to set up the desire and to help them have the desire for us. But we cannot interfere, or cannot overrun them. Please understand this basic rule of the universal law. Please, it is very important. Don’t expect us to come down and force you into seeing us or accepting us. This must be accomplished from the Earth plane level. . . .

“We love you so. . . . We love you individually. We love the Earth as a planet and a place in the solar system, as we understand each planet is a part of the body of this solar system. We cannot love one part of the solar system more than another. But we cannot come in and force, order or command it. It must come from that organ or function, the desire to be at onement with the rest of the solar system.”

Our desire to be at one with the solar system goes hand in hand with our desire to be at one with Spirit or God Force or Universal Energy, which expresses in us as the I Am Self. As we unite with God, we unite inevitably with the spiritual essence that flows through all creation.

We have faced these lessons before. In Atlantis, when man of Earth rejected cooperation with the interplanetary brotherhood, he was in fact rejecting his own God Self identity. Both rejections contributed to that civilization’s downfall. The karmic consequences of this attitude of separation have weighed heavily on us since then, as attested to by our struggle to regain spiritual enlightenment as a planetary race over thousands of years.

Nowadays, in the transition period before entering the New Age, we again have a prime opportunity to rebalance the karmic scales. Our way is open for a new step in spiritual evolution. We must strive, therefore, for reunion with our I Am Self first and foremost, then with all mankind on Earth. As our consciousness expands, we also will open our way to reunification with the Interplanetary Federation.

In another communication from Dr. Hannibal, delivered on January 10, 1971, we are given more insight into principles for reunification:

“Where you have been misled in your own conscious contemplations is that you believe we influence or control your evolvment and development and you are at our mercy for whatever we wish to bring upon the Earth at our set specific time and influence. But this is totally erroneous.

“We are subjected to the influence and the auric desire, or auric reading or thought-temperature form, which you broadcast to the etheric realm. It is from this area that we take our readings and develop our science of conscious planning for you and for your upliftment. Therefore, it is absolutely necessary for your desire to be heard and to be understood from the Earth plane level, and then to connect with our influences and channelings, so we can reinstate you and can help you lift yourselves to our state of consciousness and contemplation.

“By this method we are not forcing you to rise above the level you are ready to experience and to grow into. We are your servants to command, not you our servants to order. . . . We cannot force our way over your will. . . .

“When you come to understand that your mortal will has to be wed consciously to the spiritual consciousness and the spiritual workers and the spiritual Hierarchal Board by which you are influenced, then you will desire to have this influence and will desire to have this control and will desire to have this instruction and this direction. But until that time we are subjected to your will and to your desire.

“We do not do things according to the way you direct us, but we are forced to wait until you yourselves are given the desire from within and give the directions to those above and beyond to take you at your word and to bring you up to our level of consciousness and of works and demonstrations.”

### **BUILD UP DESIRE FOR CONTACT**

At one time or another, who amongst us has not wondered aloud: how much longer do we have to wait before the space visitors land? Though the question is sincere, we could rephrase it more realistically, and say: how much longer do the space visitors have to wait *on us* before we as a planet desire them to land and to greet us officially?

If we think about it in this light, maybe we will be more of a mind to rouse interest in welcoming visitors from other planets. We can start by removing apathy wherever we find it in

ourselves or in mass consciousness. A lack of desire, contrary to what many may think, is not a neutral feeling that has no effect on the outcome of space manifestations. A lack of desire actually sets up a negative vibration that makes it difficult, if not impossible, for our space visitors to land.

Zorrah, a hierarchal contact from Neptune, spoke of creating desire for space landings in a channeling on February 6, 1963:

“I want first that it be desired, so our contacts can flow freely. It is essential to our plans, in a sense of blocking us off from emotional or mental levels. It cannot be fluid, in our planning forth or pushing forth into any field of vibration. It repulses our activities; nothing can be done in that atmosphere.

“Build up desire for contact, build up desire for knowledge, build up desire for exploration, or even exploitation, of one another’s functions. As you will gather, we have something to give you, you have something to give us; and it is, in this way, a desire of exchange between us.”

On August 13, 1963, the etheric master Glo-Ria, who recently had incarnated as hierarchal space channel Gloria Lee (1926-1962), issued this clarion call for sparking new desire and positive action:

“If you want to see and to have development of outer-space congenial atmosphere, it will be up to you to bring it about through your own desires for it to manifest. Nothing else can possibly work in this particular case. When you have attracted ones of spacecraft, by your own auric field of entertainment for their satisfaction, you may know where and how to contact them.

“As you can see, it means you send first and receive afterward; send and receive, give and take. Sending your desire will receive then an answer as to where you will find cases and already manifested ships in the atmosphere. . . . Desire or love is the essential and first step before any permanent manifestation can occur and is to occur. . . .

“We cannot begin to try to send you much in the way of concrete proof without first having the assurance you will use it for the highest good of your own evolvment, individually and as a race. So, many times it becomes necessary to plan an arrival, and to retreat from that plan because the mass consciousness becomes glutted to a new step in the process of evolvment. A new level is reached, and a satisfaction or a serious setback in final paralysis takes place. . . .

“Bring about this great desire for love and peace and brotherhood and harmony, not only with those of your fellowmen on Earth but your sisters and brothers who remain on other planes and planets, waiting to appear among you. May I tell you that there are millions of them, in and around the Earth, waiting to appear to many of you? May I tell you they are in agony, waiting half-developed, half-materialized, half-projected into the form they wish to take? May I tell you they are bearing the brunt of your rejection and lethargy? May I not say this and hope you will do something about it; something constructive, something positive?”

## ONE UNITED SOLAR SYSTEM

Through attunement with our I Am Self, we can do much to promote contact and exchange with space visitors. What can we do? In mind, we can welcome space contact. In heart, we can purify our desire for Spirit's will to be done in interplanetary exchange. In action, through love, we can stimulate others to do the same. When planet Earth rings loud and clear with this note, such that all in the solar system hear it, we will be ready to rejoin the united Federation of Planets.

We now join those of the Federation in visualizing this holistic image of solar system living:

*We are one united solar system, brothers and sisters joined eternally by our love for God and one another. We see our solar system operating as one harmonious expression of Spirit in motion, ever spiraling upward to greater demonstrations of peace and brotherhood, and united in common cause with all fellow beings and creations in multitudinous solar systems and galaxies beyond ours.*

*Our limitless bond is love, for we are the Son of God, one Christ body of mankind. From this expansion we turn our love now to planet Earth, that it be raised. We see all citizens of Earth desiring new encounters with our fellow citizens of the universe. With open arms, as one planetary body of light, we welcome our visitors from other planets!*

## 4. OPERATION LANDING LIGHT

Since the beginning of the spiritual space program, the Hierarchal Board has initiated various strategies to introduce man of Earth to life elsewhere. One of the stated goals, since 1960, has been to demonstrate mass landings of spacecraft on our planet. *Mass*, in this sense, does not mean necessarily that great numbers of spaceships will land; rather, that many people will see or will know about the landings.

In Chapter 6 we will review hierarchal prophecies for official mass landing attempts. First, though, let us secure our understanding of basic goals, principles and preparations for the landing of spacecraft on Earth.

As announced by the Hierarchy through Mark-Age, the major space strategy for Earth is known by the code name Operation Landing Light. From 1961 to 1967, the initial phase of this project was called Operation Show Man. The purpose of this phase was to show man that intelligent life exists beyond Earth in a form and manner beyond our usual conceptions of physical life. Demonstrations worldwide of extraterrestrial existence included numerous UFO sightings, various selective landings and face-to-face encounters, and spiritual contacts through dreams, visions, out-of-body experiences and mental telepathic communications.



Upon successful completion of Operation Show Man in June 1967, the new phase inaugurated was Operation Landing Light itself. This project, still active, involves preparation for mass landings of interdimensional and interplanetary spacecraft on Earth.

But the purpose of Operation Landing Light goes beyond planning and promoting physical landings and official contacts. Also involved, esoterically speaking, is the landing or anchoring of spiritual light or energy to raise mankind into Christ or cosmic awareness. Just as physical landing fields are being prepared, so are the landing fields of our minds and hearts.

### **ROLE OF SPACECRAFT**

To appreciate Operation Landing Light, it is helpful to understand the key role that interdimensional spacecraft play. As we touched upon in Chapter 2, the equipment aboard spacecraft and the spacecraft themselves are highly energized, and therefore amplify the transmutation of third dimensional frequencies on Earth.

In a message on July 17, 1967, the Somaltic space crew, a command temporarily activated in the late 1960s, explained that we did not understand fully that their coming and landing would change everything upon the planet, not just our minds and concepts of the solar system and the universe.

“All life form,” they channeled, “shall be transformed by the Landing Light Operation because of the nature of what is involved in the incoming ships bringing force fields of electromagnetic energies that cannot sustain themselves in a third dimensional frequency beyond a certain point of time; and which, in remaining beyond that point of time, must therefore transmute third dimensional level of charge; recharge and balance all which is involved in the atomic frequency and setup in balanced, organized formation upon the planetary development.”

The energy vibration of certain interdimensional spacecraft is akin to the etheric or light-body energy of our I Am Self. The presence of spacecraft, therefore, can stimulate, supplement and amplify the beneficial energy projections and demonstrations of our light-body consciousness.

Because of the transmutative force field of spacecraft, especially those using higher-frequency electromagnetic equipment known as hieronics, the Hierarchy has had to take a number of precautions. For example, they have had to limit our exposure to higher energies, so that evolutionary transformation of individuals, groups and nations proceeds on a wise, albeit steady, course that takes into account the overall planetary balance.

Moreover, due to the nature of radiation peculiar to their manifested forms, extraterrestrial spacecraft cannot remain long (they have stipulated perhaps minutes, hours or a few days) in the third dimensional vibration of Earth. So, many times they materialize physically — dart into our atmosphere or perception, so to speak — just long enough to achieve their energy-raising effects or to perform scouting or other experimental missions, and then dematerialize.

Their brief stay is restricted not only by the amount of exposure we are able to handle but also by the energy required on their part to maintain the materialization in our dimension. In addition, due to differences in vibrational frequency, there are degrees by which spacecraft and their occupants may manifest. Some that can appear one way cannot appear another way, always. For example, some will achieve materialization as solid vehicles, some only as semisolid or translucent objects, some merely as brilliant light forms.

Because of their force fields, at times they constrain themselves to appear and land, as Sananda once stated, “in certain key focal ports.” Often they come into our atmosphere by waves, a little penetration at a time, in order to prevent shock to the Earth. In this way they also prepare the mass population before landing, through initial waves of sightings. They inform us, however, that they will not land if the vibrations would prove to be too much of a shock.

From these brief points, we get an inkling that raising Earth into the fourth dimension is not a cut-and-dried operation. Landing Light is a delicate maneuver that requires constant readjustments of Earth forms to higher spiritual frequencies.

### **ROLE OF LIGHT WORKERS**

Operation Landing Light requires a fully unified interdimensional and interplanetary effort; in other words, efforts on all dimensions must mesh. As we have seen, the space brothers need us as batteries or transformers to receive and to transmit the higher frequencies they beam to mankind.

As anchoring points for these energies, we help light up the planet and all life forms on it. The space brothers depend on our projections of light to help secure the proper receptivity, both mental and environmental, to landing operations and to the vibrational changes that result. This includes amplifying broadcasts to eliminate any resistance within the devic or nature kingdoms, which also are experiencing transmutation.

To participate in contacts with etheric and higher-dimensional physical spacecraft, it is imperative that our individual frequencies — our body, mind and soul — be raised sufficiently to handle the higher energy input. Dr. Hannibal addressed this concern on January 3, 1969:

“We cannot allow you to have much contact with our solidified form until you have been raised sufficiently to satisfy your concepts and your own body forms without destroying them or damaging them to a degree that would be irreparable. We do not wish to harm. We cannot harm, because the law of cause and effect is in operation for us as well as it is for you. . . .

“We will not [bring about a manifestation] until you are ready to be able to indulge in the higher rates of frequency that we shall bring with us by the nature of our being. This includes the manifestation of light bodies upon the Earth as well as the frequencies of spacecraft, because they are equal in a very large degree.”

More information on physical contacts with space beings of a vibratory frequency slightly different from our own was revealed in a channeling by Glo-Ria on January 2, 1963. She stated that before full alignment or rapport can be achieved with the physical bodies of the extraterrestrial and the contactee, there has to be an alignment with the higher, invisible bodies between the two. Synchronizing the frequency ranges of the two individuals is complex and difficult.

“Coming into contact,” Glo-Ria said, “you can be thrown into a state of shock and upset because you would see certain phenomena with which you would be unable to cope. Included in that would be physical sensations that are slightly different.”

She explained that until the two individuals would become adjusted to the same vocal or sound vibration, neither would hear the other. The space visitor, however, being in tune with mental communication, would be able to read the Earthling’s thought waves immediately. The same difficulties would apply to the sight and feeling natures. The Earthling would feel something entirely extraordinary to the physical senses, and that would be a great shock.

She continued: “Until you become completely adjusted mentally to this frequency, this experience, this eventuality — this inevitability, I might add — you will not enjoy the physical sensation that goes with it.

“When the mental bodies, of which you have three, have raised themselves to accept this coming attraction to the Earth planet, your physical body — of which the astral, invisible body is part, too — also will rise to the point where you will be able to adjust or to translate to the higher frequencies coming in. Those from other planes and planets will adjust to your frequency when they come in, but they can only step down their vibration to a certain point. They cannot reduce it to the Earth plane vibration, otherwise they would lose their connection with their own dimension.”

Through our meditations and works, we gradually adjust ourselves to higher vibrations. We also help prepare others. On July 17, 1967, the Somaltic Command indicated our cooperative role for Operation Landing Light: “Your most valid opportunity is projecting the light of this information before our approach. We depend solely on this for the change in consciousness, the receptivity and the ability to handle our landing operations.” Their efforts are diluted, they said, “if inner works are not as secure as outer manifestations occur.”

They implored: “Allow us as many opportunities as we need, to use as many focal points as we can contact, in order to project this idea out into mass consciousness and to prepare as many souls mentally, physically, emotionally and psychically for the event that is sure to come in any number of ways.”

The next day, Sananda reiterated: “You have many sad experiences showing that the lowering of our vessels, the lowering of our intelligences, the lowering of our frequency are not the solution. Therefore, we trust in your raising, as much as you can, everything that you can; while we continue to lower and to connect, to hold fast and to become one in purpose, life and enlightenment.”

## KEYS TO LANDING LIGHT

The following points are central to all Landing Light operations. They are guiding lights that illuminate hierarchal strategy for mass landings.

**NONINTERFERENCE.** The space brothers — who themselves are demonstrating varying degrees of spiritual mastership — respect our free will, as sons of God, to work out our own problems on Earth. They may assist us, but it is our responsibility to learn how to govern ourselves.

Speaking as commander in chief of Operation Landing Light, Sananda has stated emphatically that they never would overrun, dictate to, or commandeer us, in regard to their vast spiritual and scientific knowledge and experience. Rather, landings and exchanges will produce cooperative, coordinated, unified linkings of two aspects of evolution chaining themselves, like links, to bring about proper evolutionary growth of Earth into the New Age.

**HIGHEST GOOD OF ALL.** Evolutionary steps for space landings are taken in a gradual and progressive manner, according to what the majority on Earth effectively can assimilate and can use. To achieve lasting results for spiritual change, all is done for the good of the whole. On Earth, the whole includes all life forms on physical and astral planes, as well as the planetary logos itself. Considered, too, are the needs of planes and planets beyond Earth, since the entire solar system is evolving as one unit.

**MASS-CONSCIOUS ACCEPTANCE.** Unless there is general acceptance from the masses on Earth, the visitors cannot land. In this vein, they have said it is up to us, who are leaders and teachers, to overcome the resistance prevalent in mass consciousness and among the leaders of certain elements of our society. Through our projections, we help stabilize the entire race consciousness.

The visitors await the proper thought temperature for mass demonstrations. “When there is fear, panic, disgust and low morality,” Tukari stated on September 20, 1961, “that temperature is not one suitable for our vibrations and we cannot come into your atmosphere or make contact with you on the physical. We then can make contact with you only on the mental or in the etheric level. . . .

“We have been working for this period of time to transmute your thoughts, enough of you, to send out to the mass consciousness that will level off, or will set the temperature physically of this planet so our vibrations physically are compatible.”

**NO PANIC.** The space visitors are not here to shock us or to create panic, to produce excitement or curiosity, or to upset our physical equilibrium. They are not here to cause undue alarm or to incite spectacular or freak publicity. Their interest is for unification, brotherhood, peace and education. “We only will cooperate,” Tukari channeled on August 30, 1961, “with those receiving, rewarding, reestablishing scientific spiritual values for our appearance in your atmosphere and on your Earth.”

**LOVE IS THE KEY.** On May 17, 1967, the etheric Somaltic Command channeled: “We must gradually open the tenets of the commandment *Love God and Love One Another* as it applies to new conditions and phases of life temporal. We shall obey the laws of the universe rather than be swayed by the needs of mortal curiosity seekers. . . . We are not armed, except with love and peace divine.”

**RHYTHMS & CYCLES.** The space brothers work in rhythms and cycles, accomplishing tasks according to opportunities available at any given time. The Hierarchy has stated that many times energy exchanges of extraterrestrial forces have been brought in to Earth and have been taken out in order to allow man leeway to develop certain opportunities for spiritual growth.

The same applies to official landing attempts, which have inbuilt plans for retreat once contact is established. For example, even though a mass landing would show proof positive of extraterrestrial existence, the space brothers still would have to retreat shortly thereafter to allow us the opportunity to evaluate the landing: we will need to draw our own conclusions, to determine our own reactions and future actions toward space contact.

## 5. LANDING PREPARATIONS

Under the umbrella of Operation Landing Light exists a hierarchal chain of command that plans and supervises all spacecraft manifestations, both etheric and physical, on Earth. Unfortunately, much falsehood regarding the hierarchal space command is circulated by New Age channels who are uncleansed and uncleared. One of the functions of Mark-Age, as the test unit to externalize the Hierarchal Board on Earth, is to set the record straight.

Sananda/Jesus — Prince of Earth, Chohan (Director) of the Seventh Ray of Divine Love and Peace, and Saturnian Council member — coordinates the overall program for the Second Coming, including the space phase. His etheric headquarters is master ship #10, a mother ship of city size housing thousands of ascended masters and also smaller spacecraft. Known too as the Star of Bethlehem (it is shaped as a cross with equal arms), this craft will materialize and be seen again by those on Earth when the time approaches for the Second Coming. From this command post, which has been in orbit in the etheric planes around Earth since 1885, Sananda oversees the activities of millions of spacecraft.

Other hierarchal commanders assist him. For instance, Dr. Hannibal, operating from mother ship #1235, is etheric commander for space activities in the Western Hemisphere. Summalt, operating from mother ship #7423, has the same function for the Eastern Hemisphere. Summalt previously had incarnated as Peter, the disciple of Jesus.

Also answering directly to Sananda as commander in chief is the Ashtar Command. This etheric group, which comes from other planets, is in charge of the physical manifestations for the Second Coming and the changing of Earth’s frequency vibration from third to fourth dimension. They coordinate all mental and physical arrangements for spacecraft landings.

The starfleet commander for Ashtar Command is Ashtar Gabriel, a Jupiterian, who is the pilot of Sananda's master ship #10. He has been connected with ship #10 since Jesus' ascension nearly two thousand years ago.

In communications through Yolanda, he identifies himself specifically as Ashtar Gabriel (his full name), never simply as Ashtar. Therefore, in our evaluation many alleged channelings through others, who claim contact with a being called Ashtar, are not legitimate.

Our reasons are varied. Much channeling supposedly from so-called Ashtar is wholly fantasized or grossly distorted. Some channels evidently are picking up general thought patterns about Ashtar Command activities from the race subconsciousness, and mistakenly are ascribing them to an individual communicant. Some may be tuning in to, but garbling, instructions the Ashtar Command is communicating to other hierarchal agents on Earth or in the astral planes.

Some channels on occasion may be in legitimate contact with one or more space beings associated with the Ashtar Command, including Ashtar Gabriel himself, but they are coloring the messages because of their own uncleansed subconscious or because of influences from their surrounding group.

All true communications from Ashtar Gabriel or other representatives of the Ashtar Command always will show complete deference to Sananda and the Second Coming program. There is only one hierarchal plan and program for Earth. The space phase, including all operations under the Ashtar Command, is but one vital part. (See University of Life text *Facts of Life* for extensive guidelines on how to use spiritual discernment to evaluate channeled communications.)

The Ashtar Command coordinates a variety of fleet operations. For example, often scout ships test Earthman's thought temperature, or mental and psychic receptivity, to projected landing plans. They relay their data and observations to mother ships. The larger ships also exchange and correlate data and energies with one another, and relay instructions to smaller craft and to other light workers on various planes.

Other crews, such as a group from the star Arcturus, have been used to cleanse or clear the atmosphere for the Ashtar Command, and to scout areas to make recommendations for the concentration of energies and for certain plans or schedules.

Moreover, for every physical demonstration in the spiritual space program there is a spiritual backup crew. This team is active for every contact, near or far, personal or impersonal. The backup crew supervises the spiritual awakening of those on Earth who may be involved. Such crews are essential to make sure that space demonstrations do not shock, disturb or thwart man's natural spiritual growth and understanding. They prepare mankind spiritually to receive the space visitors and to handle properly the scientific innovations they will introduce.

## SITE PREPARATIONS

Through the channelings of Nada-Yolanda, the Hierarchy has outlined the following key preparations for landing operations:

**TIME & SHIPS.** It takes months and years for the Ashtar Command to adequately prepare landing sites and individuals for contact. Also, in landing operations, thousands of ships are involved, not just the one or several that materialize physically.

These invisible craft step down the vibrations of the landing ships in a gradual, step-by-step order. The step-down may take several days, to allow both the spaceships and the Earth population to absorb the vibrational frequency level and to adjust to the maneuver; preparations on both sides must mesh simultaneously.

In one possible scenario, several ships could land concurrently in different areas of the world, since multiple landing sites may be involved. In some instances, rather than descend from the skies, spaceships simply may materialize on their landing spots.

Generally speaking, light workers whose physical participation would be requested for a landing need not worry about being notified as to time and place of demonstration. The space brothers have means to give adequate signals, even simultaneously, to channels or others who need instructions.

**INTERDIMENSIONAL TRAVEL.** Spaceships coming from etheric planes first must travel or lower their vibrational frequency through the astral planes of Earth in order to manifest on the physical plane. So, astral forces have to be prepared in order to secure the physical landing area. For example, one instance recorded in *Visitors From Other Planets* shows where the space visitors negotiated with Indian astral forces for uses and rights of certain areas around a landing site.

Even craft manifesting from higher physical dimensions must be coordinated with astral levels at landing sites, because vibrational influences affecting one plane also are imprinted on the other.

**CLEARING OF ATMOSPHERE.** Both the mental and the physical atmospheres have to be tested, screened and cleansed of undesirable conditions before spacecraft can manifest. Scout ships, which are under supervision of larger craft housing specialized equipment, help test specific areas.

Higher command ships may relay orders daily to test the group consciousness, as situations on Earth can change quickly due to man's freewill actions. Delays, misappropriations, emergencies or catastrophes can interfere with obtaining clearance to land. In addition, certain atmospheric conditions have to be taken into consideration only at the time of demonstration. For these reasons, it is difficult for the Ashtar Command to predict the exact time, location and nature of a spacecraft materialization or landing.

**CLEARING OF CONTACTEE.** Any person involved in a physical landing must be cleansed and cleared both by his inner plane guides and teachers and by his own high Self; everything must check out satisfactorily beforehand. Whether or not the contactee is aware of it, he has been prepared for contact through mental and physical conditionings. Other persons in the area, such as business or government officials who may be required to follow through, also must be cleared enough to allow the higher force to penetrate.

Individuals might react adversely, however, to inner plane preparations and thus cancel out their key participation. Anytime individuals are involved, free will is involved; so any number of complications or problems could set in and cause alterations in the landing plan, even at the last stages of preparation.

**LAND & LOWER KINGDOMS.** Animal, vegetable and mineral kingdoms, as well as devic and elemental forces, have to be prepared. The land (physical ground) must be cleared magnetically, and its vibration raised, so as to hold the higher force field of a spacecraft that can materialize and dematerialize at will. The special preparation of the land is to prevent permanent radiation damage due to the higher frequency vibrations; which, after all, must be injected into Earth in order to raise it.

Minimal damage still occurs at times. Evidence shows that in some UFO landing-trace cases, where the ground is burned or desiccated, aftereffects on ground and vegetation can remain for a long time.

**SUITABLE AREAS.** Certain areas are more suitable for landings. The space visitors have said, for instance, that it is easier for them to make contacts at high altitudes than at lower altitudes. In part, accessibility has to do with magnetic lines of force (extraterrestrial spacecraft, for their propulsion, operate on magnetic wave currents, which are different around each planet). But a clear or clean environment and a rarefied atmosphere also are desirable. The Southwest in the United States, for example, has been tagged as one important focal point for contact.

Of course, space sightings and landings have occurred all over the world, in all types of environments and altitudes, and have involved people of all ages and walks of life.

**PERMISSION NOT GRANTED ON PHYSICAL.** Our space brothers and sisters have informed us that, because of the above considerations, permission to use specific landing sites is not something we can grant on the physical level.

**ALTERNATE PLANS.** Throughout these complex preparations, where so much may be altered through man's adverse reactions to contact, the space visitors maintain quintessential poise. On September 17, 1961, Dr. Hannibal channeled: "Our way of life and thinking is so much more advanced than yours, our level of comprehension and coordination and union of forces is so great that should all orders be canceled in a split second of canceling-out those instructions which have taken years of planning and plotting, no one would question or regret."



## PHYSICAL PICKUP

Perhaps the most exciting prospect of Operation Landing Light is our potential participation in face-to-face contact and communication with space beings. Ufologists dub such experiences “close encounters of the third kind.” Referring to cases where the contactee is allowed to board the craft, possibly even to go for a ride within the Earth’s atmosphere, the space brothers prefer the term *pickup*. Pickup also refers to being picked up, or raised, in consciousness. Following are a few keys for understanding space pickup:

**LOVE.** As emphasized repeatedly, love is the great motivating force behind all actions of our space visitors. Adhering to the spiritual law of love is their prime directive. In these Latter Days, the visitors never intentionally have harmed anyone on Earth. In the early 1960s, the Hierarchal Board instituted special protective measures to safeguard all space contacts with us. Therefore, all spaceships that enter our atmosphere are informed about and are part of the hierarchal program.

**HIGH SELF PERMISSION.** Ultimate permission for physical pickup is given by the contactee’s high Self and by his or her inner plane teachers. In spite of the many conditionings he or she undergoes to be cleared, the individual may not necessarily acknowledge this permission consciously.

Some contactees, having incarnated from other planes or planets, actually have made preincarnational agreements to be picked up by their former associates, so as to help establish new patterns of interdimensional contact between the Federation and Earth. Again, the person may not be aware consciously of this agreement, though the high Self is aware and is fully cooperative.

The space visitors coordinate with our high Self and our teachers, and thus do not override anyone’s free will as a child of God. There are some people, who judge with mortal consciousness, who consider physical pickups to be intrusions or violations. This judgment is false. Our space brothers do not force their contact on anyone.

**COSMIC LAW.** On August 30, 1961, during preparations for the first mass landing attempt, Tukari channeled: “When we land we will invite some to board our craft. We retain the right and the privilege to do this. We have the means to enforce this right. In no manner or means does this portray hostility, for we do not use any form of arms, as you recognize them, for destruction. We do have self-defense and protection in case of disorderly conduct.”

The right or the privilege Tukari speaks of involves the cosmic law of give-and-take. Given the amount of time, energy and interdimensional coordination involved, the space brothers, once materialized and given clearance, are within their spiritual right to follow through with the planned pickup. This does not violate our free will, because from the high Self consciousness we freely and lovingly have agreed to cooperate.

The space brothers do not take us on board without giving us something in return. Through their love, protection and concern, which are continued after the contact, we receive spiritual

support. Consequently, many contactees report spiritual transformations of their lives. Many awoken to cosmic awareness, to psychic talents, and to greater service of mankind.

**FREQUENCY SHIFTS.** Contact with beings of higher dimensions challenges us to elevate our third dimensional vibration; to meet them halfway, so to speak. The more we prepare ourselves spiritually, the better able we are to handle the vibrational frequency shift inherent to physical encounters. As light workers, one of our goals is to demonstrate, in I Am consciousness, the preeminent poise by which all contactees eventually will exchange with extraterrestrials.

The space visitors exercise extra special care in interacting with our life forms, so as not to short-circuit our normal physical and mental functions. Although risks have been minimized, physical contact with highly charged fourth dimensional vibrations may produce temporary misalignment or discombobulation of our four lower bodies. This occurs because our bodies are being raised into synchronization with the higher energies of the spacecraft, the occupants and our own light body.

Temporary reactions commonly experienced by contactees during physical pickup include altered states of consciousness, trance, involuntary out-of-body (astral) travel, mental disorientation, emotional upset, even partial amnesia (“missing time”). During or after contact, temporary physical reactions to higher vibratory frequencies include nausea, dizziness, headaches, numbing or tingling sensations, immobility, drowsiness or greater need for sleep, and skin and eye irritations.

Other, more positive reactions also may result, such as instantaneous healing, spiritual upliftment, cosmic realization, euphoria and rapture.

Mental and emotional reactions, which oftentimes are traumatic to the spiritually uninitiated, leave powerful imprints on the subconscious of the contactee. Therefore, memories that many have recalled, especially through means of hypnotic regression, have been badly distorted, misrepresented or misinterpreted. Fears, biases, preconceptions and runaway imagination (fantasy) all can color unintentionally the individual’s recollections.

As a technique, hypnosis can be suspect, for controlled scientific studies have shown that false memories can be invented or “recalled” during hypnosis. In addition, many times the mental and emotional biases of the hypnotist or the investigator are projected, consciously or unconsciously, onto the highly suggestible subject.

Because of this potential discoloration by contactee and investigator alike, obtaining accurate recall in many cases becomes almost impossible. Hence, we advise all to use extreme caution in accepting information obtained through hypnosis. Exercise your spiritual discernment just as you would in evaluating channeled communications.

If hypnosis must be employed — and sometimes it has been useful to help the person mentally and emotionally integrate his or her experience — it should be performed under strictly supervised conditions by an expertly qualified physician or psychologist. Care should be taken to eliminate emotional bias and all possible leading questions.

**MEDICAL EXAMINATIONS.** It is apparent, through reports of cases others have investigated, that the space visitors perform physical examinations on many whom they pick up.

As revealed in channelings through Yolanda, the space brothers have ultra-sophisticated technology. For example, with their equipment (and often with their psychic powers) they can read a person's aura, or subtle energy fields of the physical and the invisible bodies. They can read thought patterns. They can diagnose deficiencies or areas that need healing. With computer-like hieronic equipment on board certain etheric ships, they can chart our progress, as individuals and as a race, in the transmutation from third into fourth dimension.

Although we have received no communications regarding onboard physical examinations, it is likely the space visitors perform them not to satisfy mere curiosity but to test our health and the reactions of our astral, mental, emotional and physical bodies to contact with their higher vibrations. Through these tests, they may help determine our status in the dimensional change-over.

Examination of the physical body possibly includes observation of our atomic/molecular/genetic structure. But claims of sexual intercourse, fertilizations, abortions and hybridizations are not tenable. Lastly, reports of alleged physical implants in contactees probably are misperceptions, either psychic or physical, of examination techniques; no reliable physical evidence has been produced.

**APPROACHING A CRAFT.** If you see a landed spacecraft, act with common sense. Do not approach and/or touch the craft until you are informed it is safe to do so, for it may emit higher frequency vibrations deleterious to your third dimensional body. Some people, acting too quickly, accidentally have been burned or otherwise injured. The space brothers take all precautions possible to prevent accidental exposure.

Above all, remain calm. Have no fear. Greet the visitors with love and brotherhood. For in that light they land.

## 6. MASS LANDING PROPHECIES

When on Earth will the spaceships land? Granted, since the beginning of the modern UFO era in the 1940s, numerous sources have catalogued hundreds of landings on our planet. Most of the landings have been in relatively isolated areas and, if witnessed, have been seen by one or a few people. Our goal remains, however, to prepare mankind for official contacts, for mass landings that will give incontrovertible evidence.

*Visitors From Other Planets* offers a historical perspective on mass landing prophecies. In her first-person account, Nada-Yolanda chronicles several landing attempts in the 1960s and early 1970s. Although mass landings were not fulfilled as hoped for (because the masses did not accept them), each attempt achieved progress in landing light in man's consciousness.

Nevertheless, other predictions through Yolanda of increased physical demonstrations (UFO flaps) were fulfilled. Over the decades, waves of mass sightings steadily have laid the groundwork to prove the existence of extraterrestrial life.

Mass landing attempts till now have not been entirely successful because we have been willing to accept only minimal contact with higher-dimensional forms. But our receptivity is increasing as the mass spiritual awakening unfolds. So, while preparing us for physical contact, the space brothers continue to educate us spiritually.

The Federation outlined in advance how the program for space contact generally would evolve. Their predictions have proven out, as shown by the following communication excerpts.

On September 11, 1960, a spaceman named Euell said this about landings: “There may be a few isolated cases, where we feel friendly reception will take place, that there will be face-to-face communication. This can be done in several ways. One is the landing of craft and allowing the Earth people, the contactee, to come aboard the ship. Any riding to be done will be within the Earth’s atmosphere, for the experience. But there is another way too in which we are capable of working. That is in projecting our astral bodies into the third dimension. In other words, fourth dimensionally we can project into your third dimension.”

On November 14, 1960, Wains stated: “You will have some physical contact during the mass sightings, those who are ready for such; but it will not be on a large scale. It will be very selective. When the full educational program is completed, . . . we can walk among you as equals and help you to overcome the false concepts of your world.”

On December 14, 1960, via Gloria Lee, J. W. of Jupiter channeled: “Much educating of the planet would be done before any mass landings would take place. . . . When this has been done and the people understand the reasons and the causes of why we are here, . . . then will they be given opportunity to view our ships by our landing and placing ourselves at your disposal. . . .

“Until we can focus the love vibration and can use every possible means at our disposal to help in the educational program of the planet, we will not create mass demonstrations until we have seen whether or not this will be successful.”

Again via Gloria Lee, on December 19, 1960, J. W. said: “We are working in the etheric realm . . . to fulfill a great educational program that will bring attention of us to the public in general. As this program is being developed there will be more sightings through various parts of the planet. This in a sense will be to back up what is given in the educational program. . . .

“All these things will manifest right along with the educational program. So, even though there are not the mass sightings as you have anticipated, there will be other forms of diversion which will take place in your skies both day and night for the whole planet to view and to understand.”

## COUNTDOWN TO CONTACT

Already we have seen much fulfillment of plans for demonstrations and mass education. Since the early 1960s, these prophecies have been fulfilled:

(1) We have continued to have mass sightings. Thousands upon thousands of people have seen UFOs, and millions have heard of the reports.

(2) Numerous selective, isolated landings, many involving face-to-face encounters with extraterrestrials, have occurred. Many people also have had contacts with visitors who were astrally projected.

(3) The masses worldwide have been conditioned for contact by a barrage of educational materials on the space visitors. These range from investigative periodicals to popular books to films like *Close Encounters of the Third Kind*, *E.T.: The Extra-Terrestrial*, *Cocoon*, *Starman* and others.

In recent years, the mass media also have given more positive treatment of the subject via interviews, articles, talk shows, news reports, TV programs and documentaries. Opinion polls from several organizations consistently show that well over fifty percent of the American public express belief in extraterrestrial life. This percentage is considerably higher than that of polls taken in earlier decades. Mass receptivity to ET contact has grown tremendously since the early 1960s. Many people now speak openly of their encounters.

Via the Federation's mass educational program, Earthman's limited concepts of his place in the universe are being swiftly decrystallized and replaced with an understanding of cosmic consciousness; or, awareness of life within the cosmos. Ample spiritual educational materials, covering all aspects of man's spirituality and the nature of these end times, are readily available.

Simultaneous with education is demonstration. As Earth crosses the threshold into the New Age, we are crossing out or transmuting the errors of the mortal self in order to cross over or resurrect into the spiritual Self. Light workers throughout the planet are beginning to demonstrate light-body powers and talents, such as healing, bilocation, levitation, materialization and prophecy. Inherent to this cycle also are more opportunities for psychic and physical space contacts.

Federation plans include ongoing preparations for mass landings of spacecraft on Earth. Prophecies reveal we are on a countdown to contact. As light workers, our responsibilities are crystal clear: in advance of the landings we will continue to pronounce the light for fulfillment of Operation Landing Light.

## 7. SPACE BEAMS

Due to the rapidly changing conditions of our world, the Hierarchy is offering us every possible assistance for our second coming into Christ consciousness. One special aid is through energy projections called space beams. A space beam, simply defined, is an electromagnetic force field projected from an etheric or a physical spacecraft.

As we prepare for more Landing Light demonstrations in the coming years, it behooves us to be aware of space-beam assistance, to tap into it, and to learn how to discern the contacts.

### MONITORING & TRANSMITTING

The space visitors have a dual purpose or a two-way operation in projecting space beams to man of Earth: monitoring and transmitting.

In the monitoring function, the space brothers receive and computerize our thoughts by taking thought-temperature readings from the auric fields of individuals and groups. By analyzing data from their recordings, they determine our spiritual progress plus our receptivity to new input, and they formulate further plans of action.

Although scout craft oftentimes gather and relay data, monitoring also is performed by mother ships that coordinate activities for large areas. Through a vast network of spaceships, the entire planet is covered; so, space-beam assistance is available to all on Earth who desire it.

Furthermore, in 1970 a network of unmanned hierarchal spacecraft, housing automatic and mechanical equipment with monitoring space beams, was established to work with light workers and centers associated with the Mark-Age program. These etheric craft record the results of projections and activities, and relay data to other craft in the network. As a result, energies are exchanged amongst numerous light workers on Earth and in other planes.

In the transmitting function, the space brothers beam energies to us to aid our individual healing, protection and spiritual development. They also project through us, as channels, to help uplift and heal others. In addition, some etheric craft, both manned and unmanned, are equipped with computerlike devices that project hieronic (higher plane electromagnetic) beams to transmute the auric vibration of individuals, groups and geographic areas.

The extraterrestrials operate electromagnetic space beams by mind control and project them through the auric field of the recipient. Control is effected through the brain cells, though corresponding reactions may be felt in various parts of the body. Since the apparatus corresponds to the force field of the etheric or light body, the beam can change radically the auric field or astral body, which in turn can change the physical body. Thus, space beams amplify and support the work done by the light body.

Via space beams the visitors also: transmit thoughts and communications, by triggering electrical impulses within the brain of the channel; effect various controls over a person or an object, such as levitation; and project energies, which are amplified through human channels, to the lower kingdoms to avert natural catastrophes, such as earthquakes.

We may not always be aware of receiving space-beam transmissions at the time they are sent. For example, in meditation we may receive a beaming of coded material that, when later activated, will release new inspirations within us about our spiritual nature and mission.

This capsulated information first is planted in or recorded by our subconscious. Later on, perhaps while we are going about some daily routine or project, a certain word or phrase or imagery will trigger the release of the data and the energies into our conscious mind. Or these keys and codes may be revealed to us in a subsequent meditation or dream. Many times these triggerings will happen when we least expect them.

Whether or not we are aware of the contacts, we should continue to refine our receptivity to space-beam conditioning. For the space brothers and sisters, who are in communication with our high Self and our inner plane teachers, play a complementary role to maximize our spiritual growth and demonstration. Their beams always are supplementary forces designed to step up our vibratory frequency. They never are meant as a crutch to replace our inner searching for Self-guidance and Self-mastery.

### **COOPERATIVE VENTURE**

In a channeling on April 7, 1972, Sananda offered Nada-Yolanda and El Morya/Mark further insight into the cooperative venture of interdimensional space broadcasts:

“Your reports to us via mental communication all have been recorded and have been computed for the benefit of future decisions by the Hierarchal Board. . . .

“Your reports to us come via the auric field. In some cases, such as this channel’s and partner’s mental imaging, we receive and record the information, disturbances, confidences and recommendations via a space beam attached to the brain area, which sends forth energy or thought patterns, as you know them in your own electronic system upon Earth. Ours, of course, are much more subtle and expert. It is this information that is computerized aboard physical spacecraft connected with the etheric operation of controlling the entire evolutionary progress of mankind upon the Earth.

“When we have analyzed and have computerized the certain channelings or sendings-forth of these brain wavelengths — or thought patterns, as you might call them — we are able to estimate what is necessary to permit the light workers to go ahead a further step or two. In this instance, they move forward as the avant-garde to the rest of mankind now incarnated upon the Earth. You thus perform a very necessary service in our estimating what can be controlled, what can be permitted, what can be instituted upon the Earth plane as far as new steps, new levels, new frequencies and new experiences are concerned.”

## **REACT POSITIVELY TO ENERGY RELAYS**

Receiving a space beam is not a passive experience; it naturally evokes from us a response or a reaction to this two-way exchange. Since space beams help catalyze healings and positive changes in our lives, we should maintain a positive attitude about our transmutation into the light.

In a communication on July 24, 1962, John Mark channeled this caution about mankind reacting to energy relays from spacecraft:

“Our force field will disturb a mental balance in those not able to evolve into a more spiritual aspect. Now it is my duty to report to you that any who become so emotionally or mentally upset are not to be considered lost, or victims of our heartlessness, because it is within the divine law of attraction and repulsion that when a strong force field of spiritual energies is concentrated in an atmosphere where there is unwillingness to be uplifted, to eliminate error and to recondition ourselves to greater opportunities, this reaction is in order.

“But you must pray and you must see the light in each and every one who is caught in your attention, because you aid also in keeping a semblance of balance. Particularly is this essential to Earth plane teachers and masters; because, being on the same plane or dimension with those striking out or being imbalanced by their own choice, you bring about an easier return into harmony of all bodies and aspects.”

## **HOW TO DISCERN CONTACTS**

The electromagnetic force field of a space beam can be felt physically. Different individuals may experience different physical sensations; specific reactions depend on the individual's vibrational rate and the various spiritual centers being opened and developed. One who experiences a particular sensation during one contact may have another reaction, or no reaction, during another contact.

Although some persons do not feel physical reactions, that does not mean they do not receive space-beam conditioning. It is possible, too, for another person sitting near the contactee to pick up some of the same sensations.

A note of caution: at times one may not feel too well for a few days after the conditioning. Symptoms such as dizziness, nausea, digestive upset, emotional oversensitivity or lack of mental concentration may arise. One may feel slightly out of sync with the third dimensional vibration.

Usually this is due to one's lower bodies adjusting to a new alignment and absorbing a higher vibratory frequency. Sometimes it is due to the nature of the experiment, wherein the visitors are learning to adjust their projections to the contactee's specific needs or capacities. But any symptoms — emotional, mental or physical — will be temporary, and the space brothers always will assist one's realignment. As one is further conditioned and aligned with higher vibra-



tions over a series of contacts, these symptoms may not reappear, or at least may not be as severe.

Here are some ways we can discern space-beam contacts:

**PRESSURE OR CLAMP.** A pressure at the top of the head, or crown chakra, is a common contact sensation because space beams are focused on or attached to the brain area. Physically, the pressure is recognizable as a distinct beam upon the head. One may feel as if one is wearing a tight-fitting helmet or a heavy skull cap; and the pressure may extend to include the entire top of the skull, or the area bordered by the hairline.

One also may feel a clamp or a band of pressure across the forehead or at the temples.

**ENERGY ROD DOWN SPINE.** One may have the sensation of a rod or a shaft of energy extending from the top of the head down through the spine. This may be switched on suddenly and experienced as an onrush of light or energy. Or this force field gradually may extend down the spine as one is able to assimilate the energies during the course of the contact. Often the individual feels as if he or she is encased in a strong magnetic force field.

**HEAT OR CHILL.** Notwithstanding the temperature of the environment, which may be just the opposite, one may experience heat or cold all over the body or only in certain areas. This effect also can occur on just one side of the body. For instance, the whole left side of the body, running along a central meridian from top to bottom, may feel normal in temperature, but the right side may experience chill. Effects of heat and chill can turn on or off abruptly as though by a switch, leaving no aftereffect or sensation.

In some cases, even though the contactee may not experience any sensation of temperature change, someone who might touch him during the contact would detect a definite temperature change on the skin surface, anywhere from warm to ice cold.

**CHAKRA ACTIVATION.** One may feel a revving-up sensation in various spiritual centers or chakras (crown, third eye, throat, heart, solar plexus, regenerative, sacral). Chakra stimulations can transmute the physical body, produce greater alignment of the four lower bodies, and trigger revelations in consciousness as related to particular energy centers.

For example, let us say our heart chakra, which is the love center, is activated or energized in meditation. Our consciousness expands. We feel greater love for God and for one another. Perhaps we receive new insights about personal love relationships. Or we realize how, through divine love, we can overcome blockages or challenges we face in our soul growth. After the contact we feel transformed, infused with light.

Other reactions may accompany chakra activations. For instance, when the heart chakra is opened, one may be overcome momentarily with emotion and weep. When the throat chakra (power center) is stimulated, one may experience a tickling in the throat or an urge to cough. At times, one may be guided to speak the word or to sing *Om*.

**OTHER SENSATIONS.** Often contactees feel tingling electrical charges (even powerful jolts) or numbing sensations in various parts of the body, such as face or hands or feet. Other reactions include dizziness, nausea, increased heartbeat and respiration, nervousness, even extreme excitement that would produce goose bumps or a sweaty condition.

### **CONCOMITANT PSYCHIC EXPERIENCES**

Because they contact us under hierarchal supervision and with our high Self permission, etheric and physical space beings coordinate their projections with all levels or bodies of our vibrational frequency: etheric, astral, mental, emotional, physical. Hence, psychic experiences often accompany the physical sensations of contact.

For example, we may have clairvoyant visions of the space beings or psychically see them materialize. In our astral body or our light body, we may be drawn into their spaceship to commune with them, and either receive spiritual instruction or healing or simply enjoy the love exchange.

Other psychic experiences include receiving information or impressions telepathically or clairaudiently. Or, as discussed above, we may sense that coded information is being implanted in our subconscious, which we will retrieve or will recall later. Space-beam contacts also can trigger memory recall of past events in our soul record for review and reevaluation.

Contacts occur perhaps more often when we are in meditation because we are in an especially receptive or sensitive state of awareness. But they also can come at any time. For example, many have contacts in dreams, which sometimes involve actual astral or etheric encounters, including pickup.

Nevertheless, our space contacts may or may not incorporate all these experiences. Each individual is different, and each contact is unique.

### **GUIDELINES FOR DISCERNMENT**

Whenever you receive space-beam contact, become alert and receptive to following through on your spiritual guidance at the moment. That guidance may be nothing other than to realize you are being contacted and should maintain a quiet aura of cooperation and love.

Our space brothers certainly do not expect us to be slaves. They want us to be equal participants in the exchange. So, if at any time you should feel the space beam is too strong to handle, do not hesitate to ask them to decrease the power; or shut down the contact yourself. The space guides and teachers will understand and will not be offended.

To keep ourselves on the right track spiritually, at all times we must exercise discernment in opening ourselves to space contact. Here are three major points to consider:

**(1) Space visitors determine contact.** We cannot tell the visitors when or how to contact us; that is their function to determine. They will establish contact in the most suitable time and manner to benefit spiritually both ourselves and others. Remember, from mortal consciousness we cannot comprehend the many plans and procedures they have to consider before they can solidify interdimensional contact.

What we can do, however, is maintain a healthy desire for contact. At the same time, we should remain receptive to the good works that Spirit, through Its agents of the Federation, wishes to accomplish through us. Our clarion call is: *Spirit, Your will, not mine, be done*. This attitude builds around us an aura of purity and protection, so that we are instruments only for good, or God.

**(2) Question and verify all contacts.** Space teachers welcome this disciplined yet loving attitude on the part of their students and coworkers, and they are ever ready to respond in the manner most appropriate to the exchange. Have faith that verification will come in the time and the way that best will serve your spiritual unfoldment.

**(3) Follow I Am Self guidance.** We cannot be aware always of specific works being done through us, for many space contacts are accomplished behind the scenes or in unconscious ways. When it is proper for us to be aware of space-beam experiences, we will be signaled. As long as we follow our Christ intunement, we will be guided appropriately in our cooperation with the spiritual space program. We each have our own function to perform.

Most important is that we strive to perform all our works in Christ consciousness. According to our faith, our desire for contact, and our selfless love for and service to Spirit and our fellowman, we will be assisted.

Our opportunities for space contact grow by the minute; our brothers and sisters of the Federation merely await the dawning of our desire to cooperate. They stand ready now to contact us, to teach us, to work through us to help raise man of Earth into the New Age. Let us be vigilant for contact, refine our spiritual discernment, and let Spirit guide the rest.

## 8. CLOSE ENCOUNTERS OF THE SPIRITUAL KIND

Through our spiritual or inner plane experiences — the esoteric phase of Operation Landing Light — we are taught and guided, as well as conditioned subconsciously, to assimilate higher concepts and vibrations. These psychic contacts, or close encounters of the spiritual kind, come in the form of dreams, visions, out-of-body travels, meditations, telepathic messages, inspirations and so on.

Over the years, light workers have shared with us numerous dreams and psychic encounters with extraterrestrials. These reports have increased markedly in recent years, due to acceleration of Operation Landing Light. We present here only a few examples. (To review Yolanda's many contacts, see *Visitors From Other Planets*.)

In interpreting a spiritual encounter, first we should consider its symbolism for our personal development: the microcosmic interpretation. But we may be guided also to look at the macrocosmic meaning, as the symbolism may correlate with planetary events, prophecies and cycles.

In dreams, for example, usually the landing of spacecraft symbolizes the landing of light into our consciousness, and contact with higher beings symbolizes connection with our high Self. But some dreams reflect astral or etheric travel and pickup, wherein real contacts are established with spiritual teachers or with associates of former lives. Other dreams may predict physical spacecraft demonstrations, which later come to pass.

Space dreams often represent subconscious conditioning, whereby we are being prepared to anchor our light body or to connect with beings of higher dimensions. Many times our dreams are personal progress reports, which grade our reactions to spiritual contact. Through them, we discover what areas we need to work on in our consciousness.

### **DREAM ENCOUNTERS**

The following dream offers a universal image of welcoming visitors from other planets. It also shows symbolically how the space brothers are working with this light worker to charge her with spiritual energies.

“Small spacecraft were flying down low over the ground. Each spaceship had one, two or three beings only. I lay flat on the ground with my arms outstretched, and as each spaceship flew over me it injected my system with a high-frequency energy. Each time, my aura lit up for a while.”

A few months later, she had a second dream: “My husband and I were riding in a vehicle down a narrow country road. It was dark. All of a sudden, a spacecraft lifted our vehicle up into the sky above all the treetops. I was very excited, and it seemed that my faith helped keep us up there. My whole body was tingling with the power going through me, and my right hand was very painful. In my mind I thought, ‘I may not be able to stand the pain of this energy acceleration, but I will hold on for the best of the whole.’

“Then I heard a space being say, in a reverberating, penetrating tone: ‘They have been prepared. They are complete. Just a few more tasks (tests) and they are ready.’

“After that, our vehicle was set down on the road. My husband seemed in a daze and unable to move, so I steered while he accelerated. I kept trying to put the headlights on to see ahead. The lights would come on and then dim out. Suddenly I saw a light ahead, and we went from total darkness into total bright, vibrating light.”

In a letter to her, I responded: “Your dream is full of symbology: being lifted up, helping sustain the levitation through faith, feeling power surge through you, experiencing clairaudience,

moving into the light. The message from the space being, who could represent your high Self, is direct and to the point. I would apply that to yourself first, as a form of spiritual progress report.

“Your husband also may represent your conscious aspect of mind, where the higher energy still needs to be anchored more fully in order to properly drive the vehicle of the mortal self. Another way to put it is that the energy first is experienced by and anchored into the subconscious aspect (which you symbolize) by the high Self (the space contact), and then is brought into further externalization in the conscious aspect (your husband).”

Here is a dream from a person who previously had little interest in the spiritual space program: “I was with a group of people in a car. I looked to the right and, in disbelief, caught sight of a flying saucer. As it got closer, I was deeply moved. I gasped. The others were looking at it, too. I felt deep awe, and very honored. I cried. Later in the dream, I explained to coworkers that the UFOs were coming to Earth to help us.

“I woke up almost like I was floating. I’ve never had that feeling from a dream before. Even now, anytime I remember the dream, I feel like I sail up. I still feel awed and honored. Since that dream I think about our space brothers and sisters often throughout the day and silently say to them, ‘Come, come. We’re ready.’ ”

### **MEDITATION VISION**

Another individual shared this meditation, which is typical of spiritual contacts: “A spaceship appeared directly in front of my face. It was very small and glowing white. I could feel intense energy from my head to below my shoulders. Suddenly, from the bottom of the ship, an electronic panel descended. Telepathically I was told to sit very still and not to move. Then I felt my hands being guided physically into a position, one over the other, as if cupped around a sphere or a cylindrical object. When the energy stopped, my hands returned to their previous position.

“Later, after I went to bed, the space beams continued for several hours with varied intensity, including heart and crown chakra activation. I finally asked for it to stop around 3:00 a.m., and I went into a deep sleep.”

In my correspondence to her, I wrote: “Perhaps psychically you were picking up on a robot monitoring device that someone was using to work with you. It’s possible that the space beams lasted as long as you say. But it’s also possible that the beams actually ended with the meditation, and you continued to experience the aftereffects in your chakras and your physical body for several hours. At any rate, it was entirely appropriate for you to ask them to stop when you had had enough, as they expect you to convey to them your responses; and they would never override your free will.

“Sometimes, in holding those etheric crystals or spheres in your hands, certain energies can be imparted to you from your high Self and those working with you; so, you can feel an energizing effect. At other times, you may be guided to project certain thought patterns or visualizations

into the object while you're holding it. Or you may be guided to move your hands and mold the ectoplasmic substance. Hands represent spiritual power and can be used to reinforce decrees or to project healing energies.”

### HIERONIC CONTACT

Lastly, a light worker shared this experience, which she said was a repeat of one she had had many years ago, when she was twelve: “I felt antsy and kept thinking about spacecraft this evening. I felt strong anticipation. But then it started to feel more like I was coming down with some kind of virus, and I got into bed. My body started to reel and roll and shake uncontrollably. I asked for protection and then, ‘Is this something I’ve got to do?’ An answer clearly came: ‘No. Make a choice.’ So I replied, ‘Let it proceed if there is a higher cause or good in it.’ And proceed it did!

“I became very uncomfortable, almost similar to being shocked electrically. My body shook and vibrated in waves. I kept saying, ‘I dedicate my life and being to the program for the Second Coming for Earth and any assistance I can give.’

“This shaking continued for perhaps an hour. I felt light-headed and as though I were freezing one moment and too hot the next. My pulse was too fast to take; my heart was beating wildly. My temperature went up slightly, to 100-101 degrees, but this was not high enough to cause convulsions such as these. I have perfect recall of all this, so it doesn’t seem like a seizure of any sort.

“Finally, I fell asleep, and woke up at two o’clock feeling absolutely fine and back to normal. My heart felt like it had had a workout, but all else was well.”

I responded to her inquiry with these guidelines, which are applicable to anyone having a close encounter of this type: “You were apparently undergoing a hieronic space contact. All the signals are there for this type of exchange.

“First of all, be assured that both Yolanda and I, during our space contacts, have experienced the various symptoms you describe: quaking in the body, feelings of electrical shock, waves of vibrations, light-headedness, heat and chill, rapid pulse, elevated temperature, etc. These are classic signals of space contact, especially through space beams or hieronics. I would add one symptom to this enumeration: feelings of nausea or solar-plexus activation (hieronics particularly affects the solar plexus).

“Your spiritual attitude and understanding are exemplary. What you report is exactly what could occur during a space contact. If the channel is unwilling to go through the transmutation or the broadcast of energy, then the space visitors will not force it on the person. The answer you received, ‘No, make a choice,’ is in divine order. Also proper were your reply and your desire only for protection and for the highest of spiritual energy exchange. You handled the situation perfectly.

“Hieronics works for transmutation. Generally, it would involve the space guides helping to synchronize your four lower bodies with your light-body vibration. Your chakras are stimulated and opened for greater energy flow. The physical symptoms you describe would only be temporary, as occurred in your case. Sure, you may experience some aftereffects for a few days, as your bodies continue to adjust to the resynchronization.

“Always respond, as you did, from your I Am awareness. Be receptive, but continue to demand that only the Christ energies be infused in and through you, for the highest good of all. Use protection and discernment. Ask that only Spirit’s will be done. The space visitors will only work these experiments in conjunction with your spiritual Self permission, so there is absolutely nothing to fear. They will not override your free will, and they will not stimulate you beyond the highest good for your spiritual growth and development. Trust always in your I Am Self to lead you in these connections. Question and verify.

“Moreover, don’t hesitate to seek assistance physically from those around you who understand what is going on. Have someone hold your feet, to help ground you and anchor the energy while the contact is happening. See the energy flowing through you to others; don’t keep it pent up. Afterwards, have someone give you a foot rub or massage your back, neck and shoulders. Have a friend give you an auric balancing. Take protein and B vitamin supplements to assist your physical rebalancing. Also, keep a journal of your experiences so you can determine your progress over a period of time.

“As your experiences continue, in time your physical reactions will be milder, because you will adjust more easily to the hieronic energy transfer. You will assimilate the changes with less shock to your four lower bodies.

“Above all, project love and hold the will of Spirit firmly in your consciousness. Keep lines of communication open, both interdimensionally and here on this plane. If you need assistance or just need to talk things over, write or call us. We’re here to help.

“You have things in good perspective, and I know you are a willing channel for the space brothers and sisters. They, too, delight in your receptivity and the love generated in you, through you, to all. God bless you.”



## GLOSSARY

### NAMES AND NEW AGE TERMS

*Abel*: son of Adam and Eve, in biblical allegory; was not a person. Abel and Cain were the two clans of the Adamic race within the Elder race on Earth prior to Lemuria. The Abels wished to help raise their fallen brothers of the human subrace back into the fourth dimension. The Cains wanted to keep the humans in the third dimension as subjects.

*akashic record*: soul history of an individual, a race, a heavenly body.

*Allah-Lu*: a title similar to Christ, in another realm of this solar system. *L* is symbol of Elder race. *L* also symbolizes the descent from the spiritual to the Earth plane level. *U* symbolizes lifting from Earth plane of both negative and positive energies back up to the Divine Source.

*angel*: a being of celestial realms. Angels manage, direct and cocreate with God the forms that exist in all space and eternity. They are a separate kingdom from man, and cannot incarnate physically.

*Antarra*: a space contact of Yolanda's, of the band of workers from the star Arcturus, which had the function of helping cleanse Earth's atmosphere for the hierarchal space program.

*Aquarian Age*: period of approximately two thousand years following the Piscean Age, beginning around A.D. 2000. Cycle during which the solar system moves through the area of cosmic space known as Aquarius.

*archangel*: head of a ray of life in this solar system. First: Michael. Second: Jophiel. Third: Chamuel (replaced Lucifer). Fourth: Gabriel. Fifth: Raphael. Sixth: Zadkiel. Seventh: Uriel (only one of feminine polarity).

*Armageddon*: the Latter-Day, cleansing, harvest, Mark Age period immediately prior to the Second Coming of Sananda as Christ Jesus. The era wherein man must eliminate the negativity in himself and the world.

*ascended master*: one who has reached the Christ level and who has translated his or her physical body into the light body or etheric body.

*ascension*: spiritual initiation and achievement wherein one translates the physical body into a higher dimension.

*Ashtar Command*: group involved in interdimensional space phase of hierarchal plan and program.

*Ashtar Gabriel*: commander of Sananda's master ship #10, an etheric spacecraft of city size.

*astral*: pertaining to realms or planes between physical and etheric. Lower astral realms approximate Earth plane level of consciousness; higher astral realms approach etheric or Christ realms.

*astral body*: one of the seven bodies of man pertaining to Earth plane life. Appearance is similar to physical body. Upon transition called death it becomes the operative body for the consciousness, in the astral realms.

*astral flight*: a journey by the astral or soul body.

*Atlantis*: civilization springing from Lemuria, dating from 206,000 to 10,000 years ago. Land area was from present eastern USA and the Caribbean to western Europe, but not all one land mass. Sinking of Atlantis was from 26,000 to 10,000 years ago; allegory of Noah and the Flood.



*aura*: the force field around a person or an object. Contains information graphically revealed in color to those able to see with spiritual vision.

*auric*: pertaining to the aura.

*automatic writing*: a channeled communication by one from another realm written via control of the subconscious of the channel over the hands. May be handwritten or typewritten. Paintings or drawings can be done via such automatic process.

*beam, electromagnetic*: used by space visitors, via their equipment, to effect control over person or thing on Earth.

*bilocation*: being in more than one place at the same time.

*Byrd, Gloria Lee*: see *Glo-Ria*.

*Cain*: son of Adam and Eve, in biblical allegory; was not a person. See *Abel*.

*cause and effect, law of*: as you sow, so shall you reap.

*chakra*: a center of energy focus, located around one of the seven major endocrine glands, but which penetrates the other, more subtle, bodies.

*channel*: a person who is used to transmit communications, energies, thoughts, deeds by either Spirit or an agent of Spirit. Also called prophet, sensitive, recorder, medium, instrument.

*channel, communications*: one who is able to relay messages from this and higher planes or realms.

*chohans*: directors of the Seven Rays of Life, under the archangels. First: El Morya. Second: Kut Humi. Third: Lanto. Fourth: Serapis Bey. Fifth: Hilarion. Sixth: St. Germain. Seventh: Sananda with Nada. As channeled through Yolanda numerous times.

*Christ*: a title indicating achievement of the spiritual consciousness of a son of God. Also refers to the entire race of man as and when operating in that level of consciousness.

*Christ, anti-*: one who does not accept brotherhood and equality of all men as sons of God.

*Christ awareness*: awareness of the Christ level within one's self and of the potential to achieve such.

*Christ consciousness*: achievement of some degree of understanding and use of spiritual powers and talents.

*Christ Self*: the superconscious, I Am, higher Self, oversoul level of consciousness.

*clairvoyance*: ability to see beyond the physical range of vision; seeing via the third eye. A spiritual talent.

*conditioning*: spiritual, mental and physical preparation of one's consciousness and bodies.

*conscious mind*: the mortal level of one's total consciousness; which is about one tenth of such total consciousness. Usually refers to the rational, thinking aspect in man.

*consciousness, mass*: collective consciousness of race of man on Earth, all planes or realms pertaining to Earth.

*contact*: a connection with someone else on this or another plane or level of existence.

*contactee*: one of Earth who has had mental or physical contact and communication with those of other planes and planets.

*coordination unit*: designation and function of Mark-Age Unit, Coordination Unit #7 for the Hierarchal Board, pertaining to coordination of light workers and light groups on the Earth plane for the hierarchal plan and program.

*Creative Energy*: a designation for God or Spirit or Creative Force.

*crux ansata; or ankh:* a cross with a loop as its vertical upper arm. Antedates Earth usage. Symbol used by heads of Saturnian Council for utilizing the power of Creative Energy.

*death:* transition from physical life or expression on Earth to another realm, such as physical incarnation on some other planet or expression on astral or etheric realms.

*dematerialize:* change of rate of frequency vibration so as to disappear from third dimensional range of Earth plane sensing.

*devas:* those intelligent entities of the etheric planes who control the patterns for manifested form in the etheric, Earth and astral planes, under the direction of the angelic kingdom.

*devic:* one of the kingdoms of God's creation of entities. See *devas*.

*dimension:* a plane or realm of manifestation. A range of frequency vibration expression, such as third dimensional physical on Earth.

*Divine Mind:* God or Spirit; in reality the only mind that exists, man having a consciousness within this one mind.

*Djwhal Khul:* Hierarchal Board name for one who has channeled through many on Earth. Incarnations here have included: John Mark, author of Gospel of Mark in New Testament; Wains, spiritual name for James H. Speed (1917–1994), a director of Mark-Age (1961–1973). Channeled through Gloria Lee, as J. W. of Jupiter.

*Earth:* this planet. When referring to the planet, Mark-Age uses a capital *E*, as it is the only name for this planet that we have been given through interdimensional communications via Yolanda.

*Elder race:* those sons of God who did not become entrapped in the third dimension as the human subrace.

*elect:* one who has been chosen by Spirit and the Hierarchal Board to participate in the hierarchal plan and program, and who had elected so to be chosen. One of the symbolic 144,000 demonstrators and teachers for this spiritual program.

*elementals:* those intelligent entities supervising the elements which comprise manifested form in the Earth and astral planes, under the direction of the devas for those forms.

*El Morya Khan:* Chohan of First Ray. Prince of Neptune. El denotes Spirit and the Elder race. Morya is a code scrambling of Om Ray. Khan is a Sanskrit term meaning *king*. No Earth incarnation since Atlantis (despite claims by others), until recent one as Mark Age or Charles Boyd Gentzel (1922–1981), a cofounder and a director of Mark-Age. Assigned now as leader of the light workers in the astral planes for the Second Coming.

*elohim:* one or more of the seven elohim in the Godhead, heading the Seven Rays of Life; creators of manifestation for Spirit.

*emotional body:* one of the seven bodies of man pertaining to Earth life. Does not in any way resemble the physical body, but has the connotation of a vehicle for expression.

*ESP:* elementary spiritual powers, the definition coined by Mark-Age in 1966 to supersede the limited and nonspiritual usual meaning as extrasensory perception.

*etheric:* the Christ realms. Interpenetrates the entire solar system, including the physical and the astral realms.

*etheric body:* one of the seven bodies of man pertaining to Earth life. Known more commonly as the light body, the electric body, the resurrected body, the ascended body. Resembles the physical body, but not necessarily of the same appearance. This body can be used by the Christ Self for full expression of Christ talents and powers.

*evil*: error or mistake, in spiritual or metaphysical usage.

*eye, third*: the spiritual sight or vision. Spiritual focus of light in center of forehead.

*fall of man*: sons of God becoming entrapped in the third or physical dimension of Earth from 206,000,000 to 26,000,000 years ago.

*fast*: in the spiritual sense, an elimination of error thoughts, ideas and actions. In the physical sense, limiting the amount and the variety of food intake.

*Father-Mother God*: indicates male-female or positive-negative principle and polarities of Spirit. Also, Father denotes action and ideation; Mother symbolizes receptive principles.

*Father-Mother-Son*: the Holy Trinity wherein Father is originator of idea for manifestation, Mother (Holy Spirit or Holy Ghost) brings forth the idea into manifestation, Son is the manifestation. Son also denotes the Christ or the race of mankind, universally.

*Federation of Planets*: coordination and cooperation of man on all planets of this solar system, except as yet man of physical and astral realms of Earth.

*flying saucer*: UFO, unidentified flying object. Common term on Earth for interplanetary and interdimensional spacecraft of man from other planes and planets.

*forces, negative*: individuals, groups or forces not spiritually enlightened or oriented, but who think and act in antispiritual manners.

*fourth dimension*: in spiritual sense, the next phase of Earthman's evolution into Christ awareness and use of ESP, elementary spiritual powers. In physical sense, the next higher frequency vibration range into which Earth is being transmuted.

*free will*: man's divine heritage to make his own decisions. Pertains fully only to the Christ Self; and only in part and for a limited, although often lengthy, period to the mortal self or consciousness during the soul evolvement.

*frequency vibration*: a range of energy expressing as matter. Present Earth understanding and measurement, as in cycles per second, not applicable.

*Glo-Ria*: spiritual name during Mark Age period for female counterpart or twin soul of El Morya. Now in etheric. Last Earth incarnation was as Gloria Lee Byrd (1926–1962), Hierarchal Board channel.

*Golden Age or Era*: the incoming New Age or Aquarian Age, taking effect fully with the return of Sananda early in the twenty-first century. It will be the age of greatest spiritual enlightenment in Earth's history.

*guide*: higher plane teacher for one still on the Earth plane.

*Hannibal, Dr.*: present etheric plane function of St. Germain as coordinator for Western Hemisphere in hierarchal program; from his mother ship, spacecraft #1235, in etheric orbit around Earth since 1960.

*heaven*: an attitude and an atmosphere of man's expression, wherever he is. No such specific place, as believed by some religions; except to denote the etheric realms.

*hell*: an attitude and an atmosphere of man's expression, wherever he is. No such specific place, as believed by some religions.

*Hierarchal Board*: the spiritual governing body of this solar system. Headquarters is on Saturn.

*hierarchal plan and program*: the 26,000-year program ending around A.D. 2000 wherein the Hierarchal Board has been lifting man of Earth into Christ awareness preparatory to the mani-

festation of spiritual government on Earth and the return of Earth to the Federation of Planets of this solar system.

*Hierarchy, spiritual*: the spiritual government of the solar system, from the Hierarchal Board down through the individual planetary departments.

*hieronics*: higher plane electromagnetic energies transmitted from interdimensional spacecraft to assist transmutation of individuals and groups.

*human*: those of the race of man who became entrapped in the third dimension on Earth, forming a subrace.

*I Am*: the Christ or high Self of each person. Yahweh (Jehovah), in the Old Testament. Atman or Brahman.

*I Am Nation*: spiritual government of, for and by the I Am Selves of all people on Earth, to be inaugurated officially by Sananda upon his Second Coming. Neither a religion nor a political government, it is the congregation of all souls dedicated, above any other allegiance, to God and to expressing the I Am Self. Regardless of race, gender, age, nationality, religion or esoteric group affiliation, everyone is a potential I Am Nation citizen. On May 10, 1974, the Hierarchal Board commissioned Mark-Age to implant the prototype of the I Am Nation.

*I am that I Am*: each one's identification with his Christ or I Am Self: the mortal (I am) self is part of, and must cooperate with, the Christ Self.

*incarnation*: one lifetime of a soul; not always referring to an experience on Earth only.

*instrument*: a person who is a channel for Spirit or an agent of Spirit. Synonym for channel, medium, sensitive.

*Jesus of Nazareth*: last Earth incarnation of Sananda. Christ Jesus, rather than Jesus Christ; for Christ is not a name but is a level of spiritual attainment which all mankind will reach and which many already have attained.

*June of Venus*: communicant from etheric plane of Venus. On Venus: wife of Wains, sister of Yolanda, mother of Glo-Ria. No Earth incarnations during hierarchal program.

*J. W. of Jupiter*: designation of Djwhal Khul as etheric teacher for Gloria Lee. Recently incarnated on Earth as Wains.

*karma*: that which befalls an individual because of prior thoughts and deeds, in this or former lifetimes. Can be good or bad, positive or negative.

*karma, law of*: otherwise known as law of cause and effect. What one sows, so shall he reap.

*Karmic Board*: that department of the spiritual Hierarchy which reviews and passes on each individual's soul or akashic record. Assigns or permits incarnations, lessons, roles, missions for everyone in this solar system.

*karmic debt*: that which one owes payment for, due to action in this or prior lifetimes. Must be paid off at some time in a spiritually proper manner.

*Katoomi*: Hierarchal Board name for Lord or Archangel Michael. Titular head, with Lord Maitreya, of Hierarchal Board. Archangel at head of First Ray.

*kingdoms*: celestial, man, animal, vegetable, mineral, devic. Denotes a category of divine creation. Evolution is only within the same kingdom, never through the various kingdoms. Transmigration — incarnation of an entity in different kingdoms — is an invalid theory.

*language, universal sign:* transmission of messages, commands, energies or stories through higher plane control of body movements, especially arms and hands, of a channel.

*Lemuria:* civilization dating from 26,000,000 to 10,000 years ago. Land area was from western USA out into Pacific Ocean. Final destruction was 10,000–13,000 years ago; allegory of Noah and the Flood.

*levitation:* lifting one's body off the ground by spiritual, or by higher plane equipment, means.

*light:* spiritual illumination; spiritual; etheric. Also, God as Light.

*light body:* fourth dimensional body of man; his etheric or Christ body; one of the seven bodies relating to Earth living; the resurrected or ascended body through which the Christ powers and talents can be demonstrated.

*light center:* a group of light workers functioning as a spiritual unit.

*light worker:* a spiritual worker in the hierarchal plan and program.

*logos:* a spiritual entity manifesting a stellar or a planetary body, such as a solar logos or a planetary logos.

*Lord:* God; laws of God; spiritual title for officeholder in Hierarchy; designation given to one who has mastered all laws of a specified realm.

*Love God and Love One Another:* the two laws which Christ Jesus gave unto man of Earth. The motto of the White Brotherhood, the light workers in this solar system.

*Love In Action:* the New Age teaching of action with high Self, action with love; the Mark-Age theme and motto.

*Maitreya:* counterpart of Lord Michael. Holds office of Christ for this solar system. Master teacher of Sananda. Name indicates function: mat-ray, or pattern for Christ expression. With Michael, is titular head of Hierarchal Board; Michael as power, Maitreya as love. He is of the race of man in the etheric realm.

*Mark Age:* designation of the Latter-Day period (1960–2000), when there are appearing signs of the times to demonstrate the ending of the old age. Also, designation for the Earth plane aspect of that hierarchal plan. Also, the spiritual name for El Morya in his incarnation on Earth as Charles Boyd Gentzel (1922–1981), cofounder of Mark-Age Unit.

*Mark-Age:* with the hyphen, designates the unit cofounded in 1960 by incarnated Hierarchal Board members El Morya (Charles Boyd Gentzel) and Nada (Yolanda of the Sun, or Pauline Sharpe). One of many focal points on Earth for the Hierarchal Board. Coordination Unit #7 and initial focus for externalization of the Hierarchal Board on Earth in the Latter Days. Mark-Age, Inc. is the legal vehicle for Mark-Age, filed in December 1961 and legally recognized on March 27, 1962.

*mass educational program:* spiritual program to inform and to educate the world's population concerning the hierarchal plan and program of the Mark Age or Latter-Day period.

*master:* one who has mastered something. An ascended master is one who has achieved Christhood and has translated or has raised his or her physical body to the fourth dimension.

*master ship #10:* mother-ship spacecraft of city size which is Sananda's headquarters for the Second Coming program. Has been in etheric orbit around Earth since about 1885. Will be seen by those on Earth when time approaches for Sananda's return to Earth as Christ Jesus of Nazareth and as Sananda, Prince of Earth. Also known as Star of Bethlehem.

*materialization:* coupled with dematerialization. Mat and demat are a transmutation or translation from one frequency vibration to another, from one plane or realm to another. Translation of chemical, electronic and auric fields of an individual or an object.

*meditation*: spiritual contemplation to receive illumination, or to experience at-onement with Spirit or one's own Christ Self or another agent of Spirit, or to pray or to decree or to visualize desired results.

*medium*: a term for a communications channel; a sensitive; an instrument; a prophet (the preferred term in higher realms).

*mental body*: one of the seven bodies of man pertaining to Earth living. Does not look like a physical body.

*metaphysics*: spiritual meaning is the study of that which lies beyond the physical, of the basic spiritual laws of the universe, and the practical application thereof in daily life on Earth.

*Miami, Florida*: approximate site of spiritual capital and Temple of the Sun on Atlantis. One of the last spaceports on Atlantis to welcome man from other planets. Original location of Mark-Age Unit, from 1960 to 1980. Name spiritually significant: M-I-AM-I.

*Michael*: Archangel at head of the First Ray. Known as Katoomi on Hierarchal Board. With Maitreya, titular head of solar system government, or spiritual Hierarchy.

*miracle*: a spiritual manifestation, or a work. There are no so-called miracles possible, in the sense of circumventing a divine law.

*mortal consciousness*: the awareness of a soul during Earth incarnation, prior to Christ consciousness.

*mother ship*: a spacecraft housing many occupants, smaller spacecraft and much equipment. Often of city size.

*Nada*: Co-Chohan, with Sananda, of Seventh Ray. Member of the Karmic Board of Hierarchal Board, responsible for guiding souls in the rectification of karma. She was high priestess of the Sun Temple in Atlantis. Known also as Yolanda of the Sun (her soul record), she incarnated on Earth as Pauline Sharpe (1925–2005), a cofounder and a director of Mark-Age with El Morya/Mark/Charles B. Gentzel. A conscious mental-telepathic channel, beginning in 1958 she received thousands of interdimensional communications, which Mark-Age has published since 1960.

*negative polarity*: refers to the female principle in creation. The rest or passive nature, as complementing the positive or action polarity.

*New Age*: the incoming Golden Age or Aquarian Age. Actually began entry about 1960.

*New JerUSAlem*: the United States of America will become the spiritual pattern for implementing spiritual government on Earth in the coming Golden Age.

*Om; or Aum*: a designation for God. Means power.

*one hundred and forty-four thousand*: the elect, the demonstrators and the teachers of Christ powers during the Latter Days. The number is literal, in that at least that number must so demonstrate to achieve the spiritual goal of lifting man into the fourth dimension, and symbolic, in that it does not preclude any number of additional ones from being included.

*Operation Landing Light*: hierarchal space program instituted June 21, 1967, as successor to Operation Show Man. Preparation for mass landings of interdimensional spacecraft on Earth. Had been mentioned through Yolanda in 1960, and through other channels around the same time.

*Operation Show Man*: an interdimensional and interplanetary space program by the Hierarchal Board to show man of Earth that life exists beyond the Earth, in forms and manner beyond what he has accepted as physical form and understanding. First announced through Yolanda

by Tukari on August 12, 1961. Ending on June 21, 1967, was announced by Sananda through Yolanda on July 18, 1967.

*phenomena*: manifestations which man of Earth considers abnormal demonstrations but which are according to spiritual laws.

*physical body*: one of the seven bodies of man for living on Earth. Has been expressing in third dimension, but is evolving into fourth dimension. The vehicle for mortal expression of the soul on Earth. The physical on other planets of our solar system expresses as high as the eighth dimension.

*pickup*: a term used to indicate a spiritual uplifting, or a physical lifting from Earth via a spacecraft.

*pineal*: crown chakra or highest spiritual center in the body. When the pineal gland is opened and the spark between it and the pituitary (third-eye center) is ignited, Christ consciousness occurs.

*Piscean Age*: the period of approximately two thousand years now drawing to a close for Earth, to be followed by Aquarian Age. One of the zodiac signs designating a section of space through which the solar system travels around a central sun.

*pituitary*: the master gland for the physical body, spiritually known as the third eye. The kundalini fire must be raised to the pituitary center before the pineal can be united for awakening the soul to Christ consciousness.

*plane*: a realm, a dimension, a level of expression.

*planes of action*: kingdoms on Earth. First, mineral: fundamental matter or form. Second, vegetable: intelligence to grow. Third, animal: self-realization of continuity; and love, feeling, desire. Fourth, man: self-consciousness of identity and potential of his powers; fourth dimensional frequency in third dimensional form, or animal body.

*positive polarity*: the male or action focus, as complementing the negative or female or passive polarity.

*prince*: a spiritual office and title, such as Sananda being Prince of Love and Peace as Chohan of Seventh Ray, and Prince of Earth as spiritual ruler of this planet.

*Program Jesus*: that phase of the hierarchal plan and program having to do with helping man of Earth to understand, and to prepare for the return of, Sananda in his dual Second Coming role as Prince of Earth and as Jesus of Nazareth in a resurrection demonstration of eternal life.

*prophet*: in addition to usual meaning it is the term preferred by those of higher planes in referring to a communications channel.

*psychic*: refers to the powers of man focused through the solar plexus chakra or center. Not as high as the Christ powers.

*realm*: plane, dimension, a level of expression.

*reincarnation*: taking on another incarnation, on any plane or planet, during one's eternal life.

*St. Germain*: Chohan of Sixth Ray. Present hierarchal function is as Dr. Hannibal, commander of etheric forces in Western Hemisphere. Previous Earth incarnations: Rama Tault; Matthias, replacement for Judas as disciple of Jesus; Apollonius of Tyana; Christopher Columbus; Count Rakoczy; and last, Francisco Marto, one of the three children of Fatima.

*Sananda*: Chohan of Seventh Ray. Prince or spiritual ruler of Earth. One of Council of Seven, highest ruling body of the solar system. Previous Earth incarnations: Christ Jesus of Nazareth, his last one; biblical Melchizedek, Moses and Elijah; Zarathustra; Gautama Buddha; Socrates,

Greek philosopher; leader of Abels, in allegorical story of Cain and Abel; leader of Noahs, in allegorical story of Noah and the ark. Presently located in etheric realm, from whence he directs entire operation for upliftment of man and his own Second Coming; headquarters is master ship #10, in etheric orbit around Earth since about 1885.

*Saturnian Council*: Council of Seven, highest ruling body of the solar system. Headquarters is on planet Saturn.

*Second Coming*: refers to each coming into awareness of his or her own Christ Self, and the return of Sananda as Jesus of Nazareth to institute spiritual government on Earth early in the twenty-first century.

*Self, high*: Christ Self, I Am presence, superconscious, oversoul, Atman, Yahweh (Jehovah). The spiritual Self of each individual. Differentiated, in writing, from mortal self by use of capital S in Self.

*self, mortal*: the spiritually unawakened consciousness of Earthman.

*sensitive*: channel, prophet, instrument, medium. One who is sensitive to or aware of spiritual realms and occupants therein.

*seven in a circle*: symbol of Sananda and of Mark-Age Unit. Signifies completeness, wholeness and the step before spiritual manifestation. Indicates the seven steps of creation, the Seven Rays of Life, the seven major spiritual initiations.

*Seven Rays of Life*: the seven major groupings of aspects of God; the seven flames. First: will and power (blue). Second: intelligence and wisdom (yellow). Third: personal love and feeling (pink). Fourth: crystallization (colorless, crystal clear). Fifth: unity, integration, healing, balance (green). Sixth: transmutation, cleansing, purification (violet). Seventh: divine love, peace, rest (gold and white). As channeled numerous times by Yolanda.

*sin*: error, mistake.

*sin, original*: man's mistaken belief that he can have an existence away from or be separated from Spirit.

*sleep, teaching in*: all persons are given spiritual instruction during their sleep state. Many are taken on trips, in the astral body, to other planes or planets as part of such instruction. Many perform works or do teaching while in the sleep state, via the Christ Self consciousness.

*Sol-O-Man*: soul of man. A group or band of spiritual workers concerning this aspect of man's teaching and awareness. Mary, she who is the twin soul of Sananda, is spokesman for this band.

*Son of God*: with capital S for Son, denotes the Christ body of all mankind, collectively. With small s for son, denotes an individual. All men are sons of God and eventually will come into that awareness, heritage, power and cocreativity with God.

*Son, only begotten*: refers to the entire Christ body, which includes all of mankind, and not just a single individual.

*soul*: the accumulation of an individual's experiences in his or her eternal living. A covering or a coat of protection, over which the individual spirit can and does rely for its manifestations.

*soul mate*: one with whom an individual has had close and favorable association in one or more lifetimes. Each person thus has had many soul mates, but does not incarnate with or come into contact with all of them during any one lifetime.

*soul, twin*: as an individual soul develops, it expresses in male and female embodiments. Eventually it will begin to gravitate toward either male or female for its expression in the Christ realms. While so developing, Spirit guides another soul toward the opposite polarity along the same path. Thus when one enters the Christ realm as a male polarity, there will be one of



female polarity to complement and to supplement, with the same general background and abilities. Each person has a twin soul. But this term does not mean one soul was split, to gain experiences, and then eventually merges back into oneness. Twin souls are two separate individualities at all times.

*sphere*: planet, realm, plane, dimension, level of expression.

*Spirit*: God, Creative Energy, Creative Force, Divine Mind, Father-Mother God, Original Source.

*spirit*: the spiritual consciousness or Self of man.

*spiritism*: communication with those who have departed from the Earth plane. Term preferred by those in higher planes in place of *spiritualism*.

*spiritual*: term preferred over *religious* when referring to spiritual matters, as there are specific dogma and connotation attached to *religious*.

*subconscious*: one of the three phases of mind. Denotes the soul or record-keeper phase, which also performs the automatic and maintenance functions of the physical body. The relay phase between the superconscious and conscious aspects of one's total consciousness.

*Summalt*: etheric commander for Eastern Hemisphere in hierarchal program; from his mother ship, spacecraft #7423, in etheric orbit around Earth. In a prior incarnation was Peter, disciple of Jesus of Nazareth.

*superconscious*: the highest of the three aspects of individual consciousness, consisting also of conscious and subconscious aspects. The Christ, I Am, real, high Self. The real individual, which projects into embodiment via having created a physical body for such incarnation.

*sword of truth*: denotes the use of God's word and law to eliminate error, and to guide and to protect spiritual persons.

*teacher, spiritual*: one who teaches spiritual matters. May be on this or a higher plane.

*teleportation*: spiritual power enabling one to move from one location to another via dematerialization and materialization, without physical means. A Christ power. Symbol for this in Atlantis was dodo bird.

*tests, spiritual*: tests of one's spiritual progress and lessons learned, given by Spirit, by one's own Christ Self or by other spiritual teachers. Not temptings, which never are given anyone by any of the above guides.

*third dimension*: the frequency vibrational level in which Earth and all on it have been expressing physically for eons. Being transmuted into the fourth dimension, which was begun gradually by the mid-twentieth century for completion in centuries hence, but well into the process by the end of the twentieth. Does not refer to the three dimensions of length, width and height, but to a range of vibration.

*thought form*: an actual form beyond the third dimension, created by man's thoughts. Has substance in another plane and can take on limited powers and activities, based on the power man has instilled in it through his thoughts and beliefs.

*thought temperature*: the attitudes of an individual or a group concerning a certain topic.

*transfiguration*: a change of one's features, or of entire body, caused by overshadowing by one's Christ Self or by an ascended master.

*transition*: term denoting death of an individual on one plane so as to begin a new life on another plane. Also, general meaning of making a change.

*transmutation*: spiritually, refers to purifying one's mortal consciousness and body so as to permit rising into fourth dimension, physically and as concerns Christ consciousness.

*trials*: spiritual tests given one in evolution to see if lessons are learned or if obstacles can be overcome, as in training for a soul mission or any part thereof.

*Trinity, Holy*: Father-Mother-Son, Father-Holy Spirit-Son, Father-Holy Ghost-Son. The three aspects of God.

*twenty-six-million-year cycle*: a period of evolution for man in this solar system. The cycle since the final fall of man on Earth, during which the Elder race has been attempting to raise the human race that had become entrapped in the third dimension. Cycle ended about A.D. 2000.

*twenty-six-thousand-year cycle*: the period of time, since the beginning of the fall of Atlantis, in which man of Earth has been given the last opportunity in this solar system for reevolution into the fourth dimension. The duration of a hierarchal plan and program to raise man from the third dimension into true status as sons of God. Cycle ended about A.D. 2000.

*two-hundred-and-six-million-year cycle*: an evolutionary cycle for man involving graduation in and around the central sun from which we originated. The period during which man has experimented with life form on Earth in the third dimension. Cycle ended about A.D. 2000.

*two-hundred-and-six-thousand-year cycle*: withdrawal of Elder race from on Earth; decline of Lemuria. Cycle ended about A.D. 2000.

*vehicle*: denotes a body for one's expression, such as the physical.

*veil, seventh*: final veil separating man from knowing his divine heritage and powers.

*ventla*: higher plane term for spaceship.

*vibrations*: the frequency range in which something is expressing; not in terms of cycles per second, or any present Earth understanding and terminology. Also, the radiations emitted by an individual, able to be received consciously by one spiritually sensitive to such emanations.

*Wains*: spiritual name for Djwhal Khul during his Earth incarnation as James Hughes Speed (1917–1994). Name means WAY IN Spirit, or WAY IN Space.

*White Brotherhood*: the group of spiritual teachers, guides and masters who, having discovered God's truth and having learned to demonstrate spiritual powers, are guiding those who have not into that same level of Christ understanding. Pertains to this solar system. Is not a formal or organized group. Also called the White Lodge, Ascended Masters Council.

*world, end of*: denotes ending of third dimensional expression for Earth and all on it, physically, and entry into a higher level of frequency vibration, the fourth dimension. The end of the materially-minded world of man so as to begin spiritual understanding and evolvment. Does not mean end of the Earth, but only entering a higher dimension.

*wrath of God*: the reaction upon man of his negative or error action contrary to divine law. Does not mean personal anger or action of God against man.

*Yolanda of the Sun*: Earth incarnation of Nada as Pauline Sharpe (1925–2005), a cofounder and a director of Mark-Age. Was her name at height of her Atlantean development, when a high priestess of the Sun Temple, located near what is now Miami, Florida. Also known as Nona of the Temple of Love on the etheric realm of Venus.

*Zorrah*: a king of planet Neptune who works sometimes with Glo-Ria in space program and who communicated through Yolanda.